



BICEP CURL

A flat arm pad allows for a comfortable workout. It makes sure that the elbows are aligned in order to reduce joint compression. A unique pivot points allows the user flexibility in defining and maintaining the movement path. The Jerai Fitness Bicep Curl provides a maximum weight of up to 165 lbs.





FEATURES

- Ergonomic Handles: Designed for a comfortable, secure grip.
- Adjustable Seat: Customizes height for optimal positioning and proper form.
- Durable Construction: Built with high-quality materials for long-lasting performance.
- Comfort Padding: Cushioned arm supports for added comfort.
- Compact Design: Space-efficient, ideal for smaller gym setups.



SPECIFICATIONS

DIMENSIONS:

Length: 48 inches / 122 cms Width: 36 inches / 91 cms Height: 58 inches / 147 cms Weight: 410 lbs / 186 kg Weight stack: 165 lbs / 75 kg



MUSCLE WORKED: Brachialis, Brachioradialis

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.