

## ISOLATERAL INCLINE BICEP CURL

JXBT - 405

The non-conventional design provides angled pads and handles that allow a neutral wrist position. An isolateral motion allows for equal strength development and allows variety for muscle simulation.



### FEATURES

- ◆ **Isolateral Movement:** Independently targets each arm for balanced muscle development.
- ◆ **Inclined Positioning:** Angled seat for optimal bicep engagement during curls.
- ◆ **Ergonomic Handles:** Designed for a comfortable and secure grip.
- ◆ **Adjustable Seat:** Customizes height for proper arm alignment and posture.
- ◆ **Comfort Padding:** Cushioned backrest and arm supports for added comfort

### SPECIFICATIONS

#### DIMENSIONS:

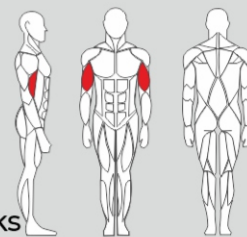
Length: 36 inches / 92 cms

Width: 52 inches / 132 cms

Height: 60 inches / 152 cms

Weight: 632.7 lbs / 287 kg

Weight stack: 110 lbs. / 50 kg x 2 Stacks



**MUSCLE WORKED:** Brachialis, Brachioradialis

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.