

## LAT PULL DOWN - DUAL PULLEY

JXB - 201B

The Lat Pull Dual Pulley features an adjustable thigh pad to secure the user during the exercise. The dual pulleys can be used with strap handles for an effective iso lateral workout.



### FEATURES

- ◆ **Dual Pulley System:** Provides smooth, independent movement for each side.
- ◆ **Adjustable Knee Pad:** Customizable for all user sizes and comfort.
- ◆ **Ergonomic Handles:** Multiple grips for varied muscle engagement.
- ◆ **Durable Construction:** Built for long-term, reliable performance.
- ◆ **Compact Design:** Space-saving, ideal for limited gym areas.

### SPECIFICATIONS

#### DIMENSIONS:

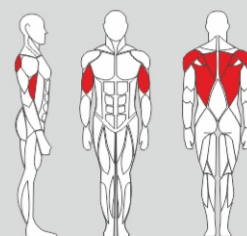
Length: 62 inches / 157 cms

Width: 40 inches / 102 cms

Height: 90 inches / 229 cms

Weight: 482 lbs / 219 kg

Weight stack: 220 lbs / 100 kg



**MUSCLE WORKED:** Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.