

## LAT PULL DOWN - SINGLE PULLEY

JXB- 201A

The Lat Pull Single Pulley features an adjustable thigh pad to secure the user during the exercise.



### FEATURES

- ◆ **Single Pulley System:** Provides smooth, controlled motion.
- ◆ **Adjustable Knee Pad:** Ensures a secure fit for all users.
- ◆ **Ergonomic Handles:** Multiple grip options for targeted muscle work.
- ◆ **Durable Construction:** High-quality, long-lasting build.
- ◆ **Compact Design:** Space-efficient for smaller gyms.

### SPECIFICATIONS

#### DIMENSIONS:

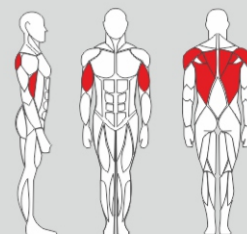
Length: 62 inches / 157 cms

Width: 40 inches / 102 cms

Height: 92 inches / 234 cms

Weight: 485 lbs / 220 kg

Weight stack: 220 lbs / 100 kg



**MUSCLE WORKED:** Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.