

SHAPE I

JXSI

The Shape I is a combination of 2 different stations connected by a monkey ladder that together aim to provide the user with a functional training experience while retaining a compact footprint. The stations included are Half rack and Punching Bag with adjustable box jump and dips station.



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to Access the Video

FEATURES

- ◆ **2 Functional Training Stations:** Optimized for multi-user engagement, these stations support strength, agility, and endurance workouts, enhancing functional fitness versatility.
- ◆ **Multi-Functional Training System:** Combines cable stations, pull-up bars, and functional workout attachments for a complete workout experience.
- ◆ **Integrated Attachments:** Includes a boxing bag, battle rope, rebounder, dip bars, and power pivot for versatile exercises.
- ◆ **Durable & Heavy-Duty Construction:** Built for stability and long-term performance under intense usage.
- ◆ **Compact Yet Spacious Design:** Optimized layout ensures maximum workout variety while maintaining an efficient footprint.

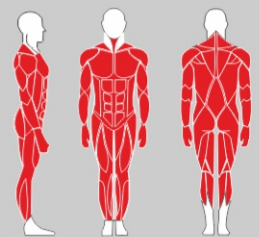
SPECIFICATIONS

DIMENSIONS:

Length: 189 inches / 480 cms
Width: 65 inches / 165 cms
Height: 96 inches / 243 cms
Weight: 1300.73 lbs / 590 kg

MUSCLE WORKED: Full Body

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.



*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately