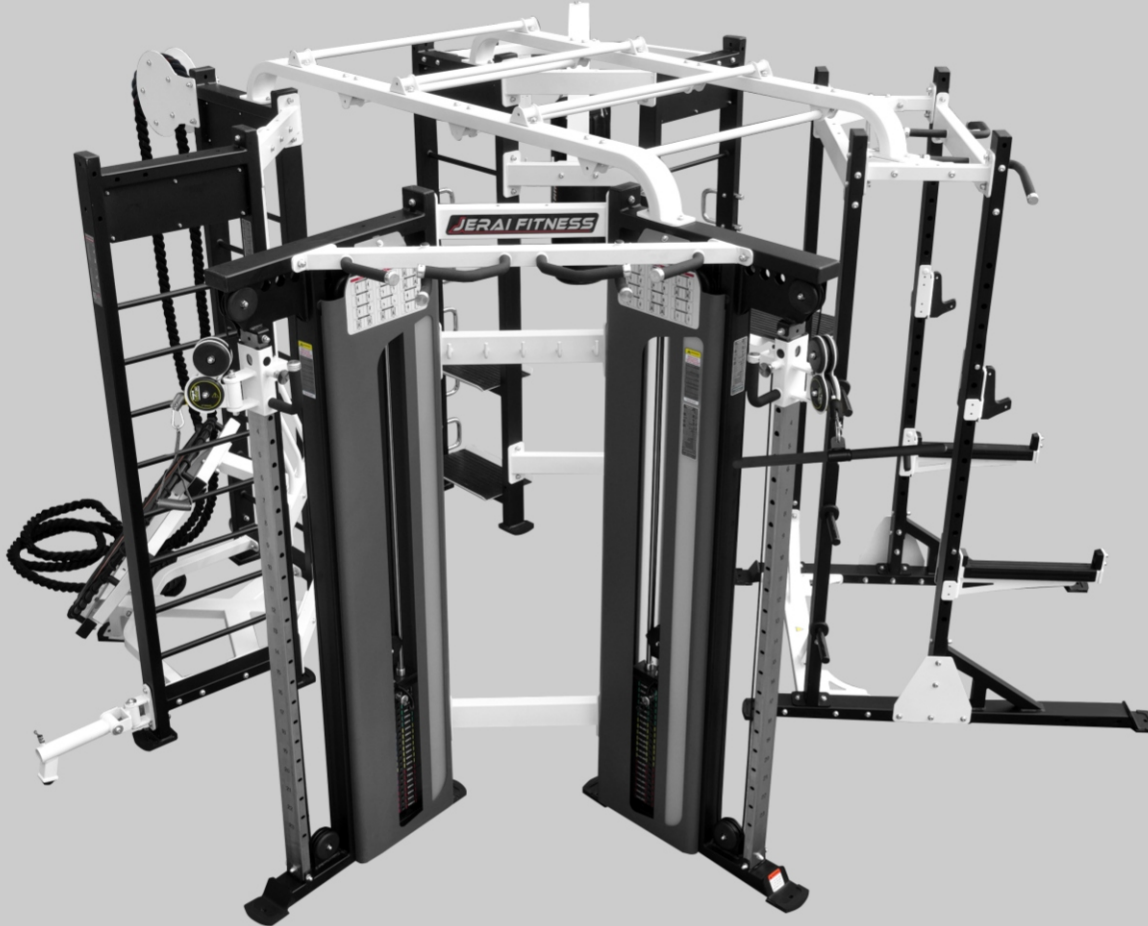


SHAPE O

JXSO

The Shape O is a combination of 4 different stations connected by a compact monkey ladder that together aim to provide the user with a complete body workout. The stations included are Half rack, Dual Access Pulley, Rebounder and battle rope station, and Punching Bag with adjustable box jump and dips station.



Scan Here
to Access the Video

FEATURES

- ◆ **4 Functional Training Stations:** Designed for strength, agility, and endurance workouts, allowing multiple users to train simultaneously.
- ◆ **Multi-Functional Training System:** Combines cable stations, pull-up bars, and functional workout attachments for a complete workout experience.
- ◆ **Integrated Attachments:** Includes a boxing bag, battle rope, rebounder, dip bars, and power pivot for versatile exercises.
- ◆ **Durable & Heavy-Duty Construction:** Built for stability and long-term performance under intense usage.
- ◆ **Compact Yet Spacious Design:** Optimized layout ensures maximum workout variety while maintaining an efficient footprint.

SPECIFICATIONS

DIMENSIONS:

Length: 41 inches / 358 cms

Width: 137 inches / 348 cms

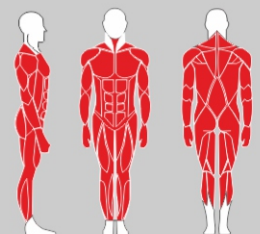
Height: 96 inches / 243 cms

Weight: 2742.5 lbs / 1244 kg

Weight Stack: 220 lbs / 100 kg X 2 Stacks

MUSCLE WORKED: Full Body

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.



*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately