

NEW SUPER PERSONAL TRAINING STATION 75

JHSPTS4

A dual weight stack cable machine that incorporates a smith machine in a compact frame to offer a well rounded workout experience. The front rail has scope for multiple attachments for various functional & compound movement exercises.



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FEATURES

- ◆ **Multi-Functional Design:** Combines a Smith machine, dual adjustable cable system, and weight storage for versatile workouts.
- ◆ **Smooth Dual Weight Stacks:** Allows independent movement with adjustable resistance for functional and strength training.
- ◆ **Integrated Pull-Up Bar:** Includes a multi-grip chin-up/pull-up bar for upper-body and core exercises.
- ◆ **Attachment Compatibility:** Supports add-ons like dip bars and resistance bands to expand workout possibilities.
- ◆ **Compact and Sturdy Build:** Ideal for home gyms, offering a space-efficient setup with durable construction for intense workouts.

SPECIFICATIONS

DIMENSIONS:

Length: 48 inches/122 cms

Width: 56 inches/142 cms

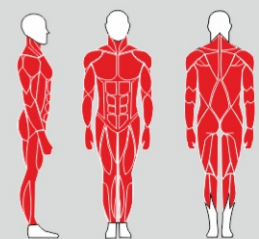
Height: 92 inches/234 cms

Weight: 502.7 lbs./228 KG

Weight stack: 165 lbs./75 KG X 2 Stack

MUSCLE WORKED: Full Body

COLOURS AVAILABLE: Black.



*Plates, barbell, attachments and accessories are not included and need to be bought separately.