

SUPER RACK

JHBR - 111

A modular and customizable rack with a range of attachments that cater to all of your strength training needs. Combine it with our Super Bench to create a full body training station.



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to Access the Video

FEATURES

- ◆ **Heavy-Duty Construction:** Provides excellent stability and durability for intense strength training sessions.
- ◆ **Versatile Functionality:** Supports exercises like squats, bench presses, pull-ups, and deadlifts.
- ◆ **Integrated Pull-Up Bar:** Includes a multi-grip pull-up bar for upper-body and core training.
- ◆ **Compact Design:** Optimized for home gym setups, offering full-body training in a space-efficient structure.
- ◆ **Non-Slip Base:** Rubberized feet prevent slipping and protect flooring during use.

SPECIFICATIONS

DIMENSIONS:

Length: 46 inches/117cms

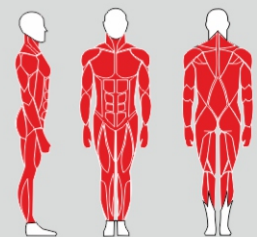
Width: 48 inches/122 cms

Height: 86 inches/218 cms

Weight: 143 lbs./65 KG

MUSCLE WORKED: Full Body

COLOURS AVAILABLE: Black.



*Plates, barbell, attachments and accessories are not included and need to be bought separately.