

ADDUCTOR / ABDUCTOR COMBO.

JPL - 506

The Adductor/Abductor combo machine can be used to isolate both your adductors and abductors depending on the exercise chosen. The machine features easy adjustment for range of motion.



Scan Here
to Access the Video

FEATURES

- ◆ **Dual Functionality:** Combines abduction and adduction for versatile thigh training.
- ◆ **Adjustable Positions:** Customizable seat and leg pads target specific muscles.
- ◆ **Smooth Resistance:** Precision weight stack ensures fluid and consistent motion.
- ◆ **Ergonomic Design:** Maintains proper posture for maximum engagement and minimal strain.
- ◆ **High-Density Padding:** Comfortable seat and pads enhance support during workouts.

SPECIFICATIONS

DIMENSIONS:

Length: 67 inches / 170 cms
Width: 36 inches / 91 cms
Height: 58 inches / 147 cms
Weight: 496.7 lbs / 225.3 kg
Weight stack: 220 lbs / 100 kg

MUSCLE WORKED: Glutes, Adductors / Abductors

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammettone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

