

INCLINE CHEST PRESS

JPC - 104

The Incline Chest Press features multiple seat and backrest adjustments to accommodate a wide range of users. The converging movement of the arms provides a good contraction for the upper chest.



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to Access the Video

FEATURES

- ◆ **Adjustable Seat:** Customizable for users of all sizes to ensure optimal comfort.
- ◆ **Back Rest Adjustment:** Easily adjusts to different angles, targeting various chest muscles..
- ◆ **Angled Handles:** Designed for multiple grip positions, providing versatile workouts and improved muscle targeting.
- ◆ **Compact Design:** Space-saving, ideal for smaller gym setups.
- ◆ **Adjustable Resistance Levels:** Designed to suit beginners and advanced users.

SPECIFICATIONS

DIMENSIONS:

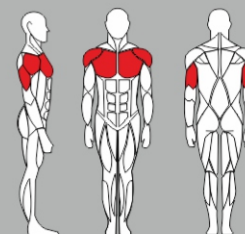
Length: 56 inches / 142 cms

Width: 64 inches / 163 cms

Height: 72 inches / 183 cms

Weight: 583.1 lbs / 264.5 kg

Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Triceps Brachii

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.