

INCLINE SHOULDER PRESS

JPS - 304

The Incline Shoulder Press helps target all 3 deltoid muscles while maintaining correct form.



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FEATURES

- ◆ **Adjustable Seat:** Customizable for proper shoulder alignment and comfort.
- ◆ **Ergonomic Handles:** Designed for a firm grip and natural movement.
- ◆ **Adjustable Resistance:** Tailor the weight to suit your fitness level.
- ◆ **Compact Design:** Space-saving for smaller gym environments.
- ◆ **Comfort Padding:** Cushioned support for added comfort during exercises.

SPECIFICATIONS

DIMENSIONS:

Length: 80 inches / 203 cms
Width: 54 inches / 137 cms
Height: 58 inches / 147 cms
Weight: 485 lbs / 220 kg
Weight stack: 220 lbs / 100 kg

MUSCLE WORKED: Deltoids, Triceps

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

