

LAT PULL DOWN - SINGLE PULLEY

JPB- 201A

The Lat Pull Single Pulley features an adjustable thigh pad to secure the user during the exercise.



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to Access the Video

FEATURES

- ◆ **Single Pulley System:** Provides smooth, controlled motion.
- ◆ **Adjustable Knee Pad:** Ensures a secure fit for all users.
- ◆ **Ergonomic Handles:** Multiple grip options for targeted muscle work.
- ◆ **Durable Construction:** High-quality, long-lasting build.
- ◆ **Compact Design:** Space-efficient for smaller gyms.

SPECIFICATIONS

DIMENSIONS:

Length: 62 inches / 157 cms
Width: 40 inches / 102 cms
Height: 92 inches / 234 cms
Weight: 489.2 lbs / 221.9 kg
Weight stack: 220 lbs / 100 kg

MUSCLE WORKED: Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

