

LEG EXTENSION

JPL- 501

The seat is angled to isolate the quadriceps muscles. Pivot points are placed precisely parallel to the knee for biomechanically correct movements. Adjustable foot rollers adapt to all leg lengths. The Jerai Fitness Leg Extension provides a maximum weight of up to 220 lbs.



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to Access the Video

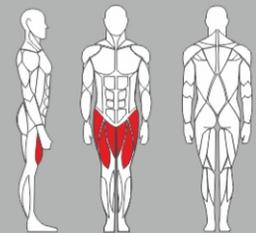
FEATURES

- ◆ **Ergonomic Design:** Ensures proper posture to target quadriceps and reduce joint strain.
- ◆ **Adjustable Seat & Backrest:** Fits users of all heights for comfort and optimal form.
- ◆ **Smooth Resistance:** Precision weight stack delivers controlled motion.
- ◆ **Padded Rollers:** Provides support and comfort during intense workouts.
- ◆ **Durable & Compact:** Robust, space-saving design for any gym setup

SPECIFICATIONS

DIMENSIONS:

Length: 56 inches / 142 cms
Width: 44 inches / 112 cms
Height: 58 inches / 147 cms
Weight: 532.6 lbs / 241.6 kg
Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Vastus Lateralis, Rectus Femoris, Vastus Intermedialis

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.