

STANDING ABDUCTOR

JPL - 512

Standing Abductor machine boasts a compact design and ergonomic handles for comfortable workouts. With customizable resistance levels, users can adjust the intensity to suit their fitness goals. Its standing position ensures optimal alignment for engaging the abductor muscles effectively. Elevate your leg training routine with the Standing Abductor, engineered to deliver outstanding functionality and results.



Scan Here
to Access the Video

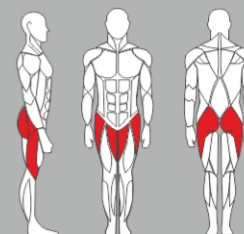
FEATURES

- ◆ **Oversized Footplate:**
Large footplate ensures stability and suits various users.
- ◆ **Ergonomically Designed Handles:**
Strategically placed for better balance and form.
- ◆ **Support Pads:**
Cushioned pads provide comfort and reduce strain.
- ◆ **Compact Design:**
Space-saving for easy integration in gyms or studios.
- ◆ **Standing Position:**
Engages core and leg muscles for a dynamic workout.

SPECIFICATIONS

DIMENSIONS:

Length: 30 inches / 76 cms
Width: 66 inches / 168 cms
Height: 60 inches / 152 cms
Weight: 567 lbs / 257.2 kg
Weight stack: 165 lbs / 75 kg



MUSCLE WORKED: Glutes, Adductors / Abductors

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.