

## STANDING MULTI ARMS

JPBT - 408

The Standing Multi Arms is a highly versatile selectorized machine engineered for complete arm training. Designed to effectively target both biceps and triceps, it features multiple levels of adjustment to accommodate users of various heights. Its ergonomic structure ensures proper form, making it ideal for focused strength development and consistent performance.



Scan Here  
to Access the Video

### FEATURES

- ◆ **Adjustable Arm Positions:** Allows varied height and angle settings for multiple exercises.
- ◆ **Heavy-Duty Frame:** High-gauge steel construction for long-term durability.
- ◆ **Ergonomic Handles:** Easy-grip design ensures control and comfort during training.
- ◆ **Compact Design:** Space-efficient with anti-slip standing platform.
- ◆ **Smooth Cable System:** Ensures fluid movement with consistent resistance.

### SPECIFICATIONS

#### DIMENSIONS:

Length: 80 inches / 203 cms  
Width: 54 inches / 137 cms  
Height: 58 inches / 147 cms  
Weight: 565.2 lbs / 256.4 kg  
Weight stack: 220 lbs / 100 kg

**MUSCLE WORKED:** Chest, Biceps, Triceps, Core

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

