

DUAL TWISTER

JBR - 125

The Dual Twister allows the user to engage and strengthen their core and stretch out their back muscles at the same time.



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to Access the Video

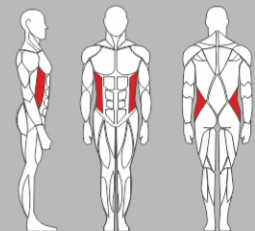
FEATURES

- ◆ **Dual Rotational Platforms:** Allows two users to perform twisting exercises simultaneously, enhancing core and oblique muscle strength.
- ◆ **Heavy-Duty Construction:** Constructed with a robust frame to provide stability and enduring performance.
- ◆ **Smooth and Non-Slip Platforms:** High-quality, anti-slip rotating discs ensure safe and fluid motion during workouts.
- ◆ **Ergonomic Dual Handles:** Provides sturdy support for balance and control while performing twisting movements.
- ◆ **Space-Efficient Design:** Compact setup ideal for both home and commercial gym environments.

SPECIFICATIONS

DIMENSIONS:

Length: 75 inches/198 cms
Width: 29 inches/74 cms
Height: 58 inches/147 cms
Weight: 162.2 lbs/73.6 kg



MUSCLE WORKED: Biceps, Triceps

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.