

## OLYMPIC INCLINE BENCH

JBR - 108

Designed as per the international standards of power lifting. Ten-inch bench width allows free shoulder movement during bench press. Forty-eight inch bench length allows full stretch of the user's body. Two positions replaceable bar hold assembly with heavy-duty stainless steel plate for durability. 30 degree inclined backrest for optimum exercise benefit. Heavy duty platform provided for the spotter.



Scan Here  
to Access the Video

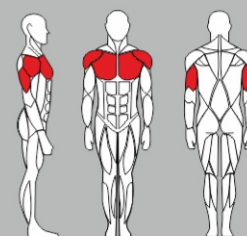
### FEATURES

- ◆ **Heavy-Duty Construction:** Designed for exceptional stability and durability during intense workouts.
- ◆ **Inclined Design:** Optimized angle for targeting upper chest and shoulder muscles effectively.
- ◆ **Adjustable Bench Padding:** High-density foam with ergonomic design provides comfort and proper support.
- ◆ **Compact Design:** Space-efficient, making it ideal for both home and commercial gym setups.
- ◆ **Weight Plate Storage:** Includes built-in pegs for convenient organization and access to weight plates

### SPECIFICATIONS

#### DIMENSIONS:

Length: 78 inches/198 cms  
Width: 74 inches/188 cms  
Height: 55 inches/140 cms  
Weight: 249 lbs/113 kg



**MUSCLE WORKED:** Pectoralis Major, Anterior Deltoid, Triceps Brachii

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately