

PREACHER CURL BENCH

JBR - 117

A flat arm pad allows comfortable operation. It allows aligning elbow off pad in order to reduce joint compression.



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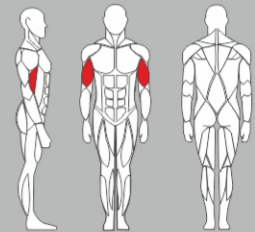
FEATURES

- ◆ **Ergonomic Arm Pad Design:** Contoured, high-density foam arm pad ensures proper support and comfort during bicep curls.
- ◆ **Adjustable Seat:** Height-adjustable seat allows customization for users of varying heights for optimal form.
- ◆ **Heavy-Duty Frame:** Built with a durable steel frame for stability and durability during intense workouts.
- ◆ **Integrated Barbell Holder:** Strategically placed barbell holder for convenient loading and unloading of weights.
- ◆ **Compact and Space-Efficient Design:** Ideal for both home and commercial gym setups.

SPECIFICATIONS

DIMENSIONS:

Length: 54 inches/137cms
Width: 48 inches/122 cms
Height: 38 inches / 97 cms
Weight: 109.3 lbs/49.6 kg



MUSCLE WORKED: Brachialis Muscle

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.