

TWISTER

JBR - 124

The robust design is ideal for upper body twisting action. This angled grip allows user to perform effective work out.



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FEATURES

- ◆ **Core Strengthening Design:** Targets obliques and abdominal muscles effectively for enhanced core stability.
- ◆ **Durable Construction:** Constructed with a robust frame to provide stability and enduring performance.
- ◆ **Smooth Rotational Platform:** Features a high-quality, non-slip rotating disc for safe and fluid motion during workouts.
- ◆ **Ergonomic Handle Support:** Equipped with sturdy handles to provide balance and support during twisting exercises.
- ◆ **Compact Footprint:** Space-saving design ideal for both home and commercial gym setups

SPECIFICATIONS

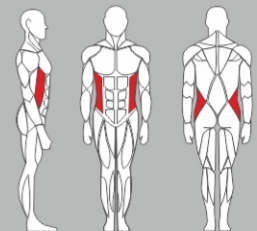
DIMENSIONS:

Length: 36 inches/91 cms

Width: 29 inches/74 cms

Height: 58 inches/147 cms

Weight: 93 lbs/42.2 kg



MUSCLE WORKED: Biceps, Triceps

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.