

UTILITY BENCH

JBR - 112

The heavy duty versatile construction of Jerai Utility Bench is ideal for free weight exercises.



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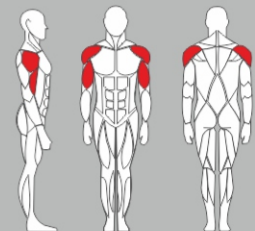
FEATURES

- ◆ **Heavy-Duty Frame:** Constructed with a durable structure for outstanding stability and lasting performance.
- ◆ **Ergonomic Padding:** High-density foam cushioning ensures comfort and proper support during seated exercises.
- ◆ **Compact Design:** Space-efficient bench ideal for home and commercial gym setups.
- ◆ **Non-Slip Base:** Rubberized feet provide stability and protect flooring from damage during workouts.
- ◆ **Versatile Usage:** Suitable for various exercises, including dumbbell presses, shoulder presses, and seated core workouts.

SPECIFICATIONS

DIMENSIONS:

Length: 50 inches/127 cms
Width: 30 inches/76 cms
Height: 38 inches / 97 cms
Weight: 56.6 lbs/25.7 kg



MUSCLE WORKED: Deltoids, Triceps

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.