

SEATED LEG PRESS

JPRL - 506

The Seated Leg Press from the Proton Series is built to deliver powerful lower body workouts with superior comfort and support. It features an adjustable seat and ergonomically contoured back support to maintain ideal posture and reduce lower back strain. The oversized foot platform accommodates various foot positions, enabling users to target different muscle groups effectively. A front-mounted handle grip provides added stability, making it easy to start and finish each set safely.



FEATURES

- ◆ **Ergonomic Design:** Ensures proper alignment to target lower body muscles while reducing joint strain.
- ◆ **Adjustable Seat & Backrest:** Customizable positions for all users ensure comfort and correct posture.
- ◆ **Smooth Resistance:** Precision weight stack delivers consistent and fluid motion.
- ◆ **Wide Foot Platform:** Non-slip surface supports varied foot positions for targeted training.
- ◆ **Core Stability:** Engages core muscles while focusing on lower-body strength.

SPECIFICATIONS

DIMENSIONS:

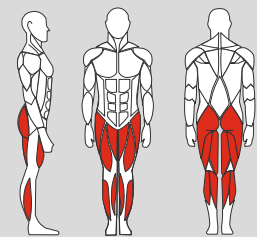
Length: 85 inches / 216 cms

Width: 44 inches / 112 cms

Height: 60 inches / 152 cms

Weight: 747 lbs / 339 kg

Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Quadriceps, Hamstrings, Glutes

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.