

ADDUCTOR / ABDUCTOR COMBO.

JPRL - 505

The Adductor/Abductor Combo machine from the Proton Series offers dual functionality to effectively target both inner and outer thigh muscles. It features an adjustable, cushioned back support that ensures proper posture and alignment during workouts. The contoured thigh support pads provide enhanced comfort and stability, allowing users to focus on controlled, isolated movements.



FEATURES

- ◆ **Dual Functionality:** Combines abduction and adduction for versatile thigh training.
- ◆ **Adjustable Positions:** Customizable seat and leg pads target specific muscles.
- ◆ **Smooth Resistance:** Precision weight stack ensures fluid and consistent motion.
- ◆ **Ergonomic Design:** Maintains proper posture for maximum engagement and minimal strain.
- ◆ **High-Density Padding:** Comfortable seat and pads enhance support during workouts.

SPECIFICATIONS

DIMENSIONS:

Length: 75 inches / 191 cms
Width: 48 inches / 122 cms
Height: 60 inches / 152 cms
Weight: 537.2 lbs / 243.7 kg
Weight stack: 220 lbs / 100 kg

MUSCLE WORKED: Glutes, Adductors / Abductors

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

