

STANDING CALF

JPRL - 507

The Standing Calf from the proton Series is engineered to build calf strength with optimal resistance and stability. Engineered for targeted lower leg development, the Standing Calf machine focuses on strengthening the gastrocnemius muscles with optimal load resistance. The angled shoulder pads and textured foot platform ensure stability and proper body alignment during calf raises.



FEATURES

- ◆ **Adjustable Shoulder Pads:** Padded and height-adjustable shoulder supports ensure comfort and accommodate users of various heights.
- ◆ **Ergonomic Design:** Ensures proper posture to target calves while reducing back strain.
- ◆ **Adjustable Shoulder Pads:** Height-adjustable, padded supports for comfort and stability.
- ◆ **Smooth Resistance:** High-quality weight stack ensures controlled, seamless motion.
- ◆ **Muscle Isolation:** Focuses on calf strength and toning for effective results.

SPECIFICATIONS

DIMENSIONS:

Length: 74 inches / 188 cms
Width: 48 inches / 122 cms
Height: 60 inches / 152 cms
Weight: 591.9 lbs / 268.5 kg
Weight stack: 220 lbs / 100 kg

MUSCLE WORKED: Gastrocnemius, Soleus, Tibialis Anterior

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

