

## 45° LEG PRESS

JFPL - 1010

45 degree angle for accurate training. Carriage travels on linear bearing for friction free & smooth performance. Big non-skid high quality rubber foot platform. Ergonomic adjustable seat protects lower back. Inbuilt plate holder allows easy loading & unloading of weight plates. A stopper minimizes risk while performing exercise.



Scan Here  
to Access the Video

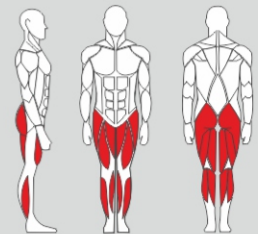
### FEATURES

- ◆ **Angled 45° Design:** Maximizes leg engagement while reducing back strain.
- ◆ **Heavy-Duty Frame:** Built for stability and durability under heavy loads.
- ◆ **Large Non-Slip Footplate:** Ensures secure footing and multiple stance options
- ◆ **Ergonomic Seat & Back Support:** Padded design ensures comfort and proper spinal alignment
- ◆ **High Weight Capacity:** Supports progressive overload with plate loading.

### SPECIFICATIONS

#### DIMENSIONS:

Length: 87 inches / 221 cms  
Width: 64 inches / 163 cms  
Height: 55 inches / 140 cms  
Weight: 499.3 lbs / 226.5 kg



**MUSCLE WORKED:** Glutes, Hamstrings

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

\*Plates, barbell, attachments and accessories are not included and need to be bought separately.