

POWER CAGE

JFBR - 1010

The versatile design offers to perform everything from bench press to squats. The free bar movement allow user to perform the exercise either inside / outside of the cage. Moreover, the power cage offer the multiple positioning of bars and catches are provided for safety.



Scan Here
to Access the Video

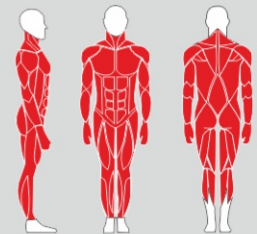
FEATURES

- ◆ **High Load Capacity:** Engineered to withstand heavy weights for advanced training.
- ◆ **Versatile Use:** Supports squats, bench presses, pull-ups, and more.
- ◆ **Enhanced Safety:** Safety spotters and drop stops for secure lifting.
- ◆ **Pull-Up Bar:** Multi-grip bar for versatile upper body workouts.
- ◆ **Compact Design:** Efficient layout suitable for home gyms and fitness centers.

SPECIFICATIONS

DIMENSIONS:

Length: 64 inches / 163 cms
Width: 86 inches / 218 cms
Height: 90 inches / 229 cms
Weight: 376.99 lbs / 171 kg



MUSCLE WORKED: Full Body

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.