

PREACHER CURL BENCH

JFBR - 1100

A flat arm pad allows comfortable operation. It allows aligning elbow off pad in order to reduce joint compression.



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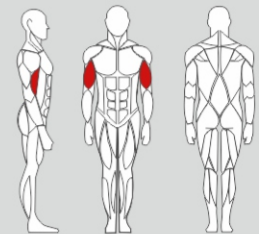
FEATURES

- ◆ **Ergonomic Arm Pad Design:** Contoured, high-density foam arm pad ensures proper support and comfort during bicep curls.
- ◆ **Adjustable Seat:** Height-adjustable seat allows customization for users of varying heights for optimal form.
- ◆ **Heavy-Duty Frame:** Constructed with a heavy-duty frame for superior durability and reliable performance.
- ◆ **Integrated Barbell Holder:** Strategically placed barbell holder for convenient loading and unloading of weights.
- ◆ **Compact and Space-Efficient Design:** Ideal for both home and commercial gym setups.

SPECIFICATIONS

DIMENSIONS:

Length: 52 inches / 132 cms
Width: 48 inches / 122 cms
Height: 38 inches / 97 cms
Weight: 83.1 lbs / 37.7 kg



MUSCLE WORKED: Brachialis Muscle

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.