

## STANDING CALF

JFL - 5070

The Standing Calf is a heavy-duty machine designed to enhance your calf muscles. This machine offers a range of features, including an anti-skid footrest, ergonomically angled shoulder pads, and a support handle for a safe and effective workout experience.



Scan Here  
to Access the Video

### FEATURES

- ◆ **Ergonomic Padding:** High-density shoulder pads ensure comfort and reduce strain.
- ◆ **Adjustable Platform:** Non-slip foot platform ensures stability and accommodates users of different heights.
- ◆ **Stable Base:** Wide base for added stability and reduced wobble during use.
- ◆ **Precision Mechanics:** Utilizes a pulley system for even weight distribution.
- ◆ **Compact and Space-Saving:** Designed for efficient use of space in gym setups.

### SPECIFICATIONS

#### DIMENSIONS:

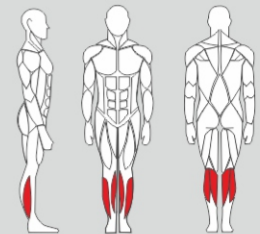
Length: 56 inches / 142 cms

Width: 44 inches / 112 cms

Height: 75 inches / 191 cms

Weight: 454.1 lbs / 206 kg

Weight stack: 220 lbs / 100 kg



**MUSCLE WORKED:** Gastrocnemius, Soleus, Tibialis Anterior

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

\*Plates, barbell, attachments and accessories are not included and need to be bought separately.