

BICEP CURL

JPRBT - 401

A flat arm pad allows for a comfortable workout. It makes sure that the elbows are aligned in order to reduce joint compression. A unique pivot points allows the user flexibility in defining and maintaining the movement path. The Jerai Fitness Bicep Curl provides a maximum weight of up to 165 lbs.



FEATURES

- ◆ **Ergonomic Handles:** Designed for a comfortable, secure grip.
- ◆ **Adjustable Seat:** Customizes height for optimal positioning and proper form.
- ◆ **Durable Construction:** Built with high-quality materials for long-lasting performance.
- ◆ **Comfort Padding:** Cushioned arm supports for added comfort.
- ◆ **Compact Design:** Space-efficient, ideal for smaller gym setups.

SPECIFICATIONS

DIMENSIONS:

Length: 38 inches / 97 cms
Width: 50 inches / 127 cms
Height: 60 inches / 152 cms
Weight: 448.6 lbs / 203.5 kg
Weight stack: 165 lbs / 75 kg

MUSCLE WORKED: Brachialis, Brachioradialis

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

