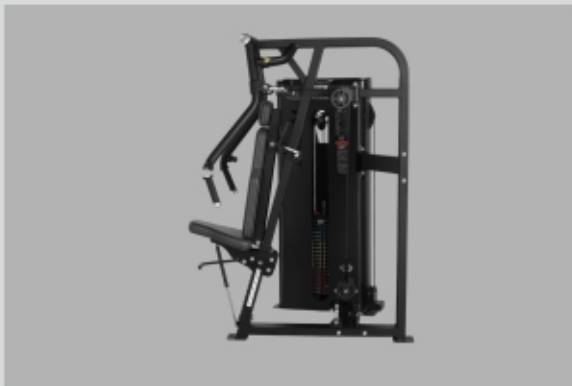


VERTICAL CHEST PRESS

JCRC - 102

Vertical Chest Press is designed to deliver effective upper-body strength training through a natural pressing movement and independent twin-arm action. The twin movement design promotes balanced muscle development by allowing each arm to move independently, helping address strength imbalances while supporting a smooth training experience. Featuring multiple grip positions for varied range of motion and a 220 LBS (100 KG) weight stack, it accommodates a wide range of users. Built for commercial fitness facilities, training studios, and premium home gyms, it combines durability, functionality, and user-focused design.



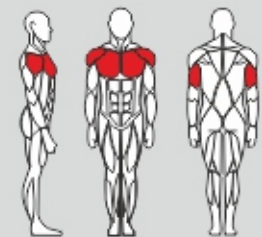
FEATURES

- ◆ **Adjustable Seat:** Customizable for all heights, ensuring comfort and proper form.
- ◆ **Multi-Grip Handles:** Versatile grips target various chest muscles and reduce wrist strain.
- ◆ **Adjustable Resistance Levels:** Designed to suit beginners and advanced users.
- ◆ **Comfortable Back Support:** Promotes posture and reduces back strain.
- ◆ **Compact Design:** Space-saving, ideal for smaller gym setups.
- ◆ **Smart Accessory Storage:** Built-in accessory holder for shaker bottle and mobile phone.

SPECIFICATIONS

DIMENSIONS:

Length: 58 inches / 148 cms
 Width: 58 inches / 148 cms
 Height: 70 inches / 178 cms
 Weight: 550.7 lbs / 249.8 kg
 Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Triceps Brachii

COLOURS AVAILABLE: Black.