

TWIN ADJUSTABLE PULLEY

JCRMP - 101

Twin Adjustable Pulley is a versatile training station designed to support a wide range of upper-body, lower-body, and functional exercises. Featuring dual independent weight stacks and adjustable pulley positions, it allows users to perform unilateral, bilateral, and cable-based movements with ease. The open design accommodates multiple training styles and attachment options, making it suitable for strength, functional, and rehabilitation-focused exercises.



FEATURES

- ◆ **Ergonomic Design:** Ensures proper alignment to target lower body muscles while reducing joint strain.
- ◆ **Adjustable Seat & Backrest:** Customizable positions for all users ensure comfort and correct posture.
- ◆ **Smooth Resistance:** Precision weight stack delivers consistent and fluid motion.
- ◆ **Wide Foot Platform:** Non-slip surface supports varied foot positions for targeted training.
- ◆ **Core Stability:** Engages core muscles while focusing on lower-body strength.
- ◆ **Smart Accessory Storage:** Built-in accessory holder for shaker bottle and mobile phone.

SPECIFICATIONS

DIMENSIONS:

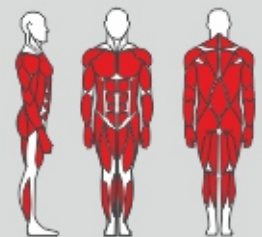
Length: 45 inches / 114 cms

Width: 64 inches / 122 cms

Height: 90 inches / 229 cms

Weight: 10679.1 lbs / 484.4 kg

Weight stack: 220 lbs / 100 kg X 2 Stacks



MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Posterior Deltoid

COLOURS AVAILABLE: Black.