

DUAL LAT PULL DOWN

JCRB - 101

Dual Lat Pull Down features an independent twin movement design that allows each arm to move separately, promoting balanced back development and improved muscle activation. Its diverging pulling path replicates a natural lat pull-down movement, helping users effectively target the latissimus dorsi and upper back muscles. Counter balanced arms provide a lighter starting resistance for smoother operation, while the adjustable thigh pad ensures a stable and secure training position. Equipped with a 220 LBS (100KG) weight stack, it is built for commercial fitness facilities, training studios, and premium home gyms.



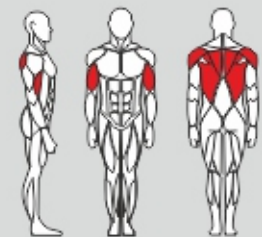
FEATURES

- ◆ **Multi-Angle Chest Workout:** Supports flat, incline, and decline presses.
- ◆ **Adjustable Seat and Backrest:** Ensures proper alignment and comfort.
- ◆ **Selectorized Weight Stack:** Easy resistance adjustments for varied intensity.
- ◆ **Ergonomic Multi-Grip Handles:** Targets different chest muscles effectively.
- ◆ **Smooth Motion System:** Precision-engineered pulleys and cables ensure seamless movement.
- ◆ **Smart Accessory Storage:** Built-in accessory holder for shaker bottle and mobile phone.

SPECIFICATIONS

DIMENSIONS:

Length: 72 inches / 183 cms
 Width: 52 inches / 132 cms
 Height: 84 inches / 213 cms
 Weight: 617.5 lbs / 280.1 kg
 Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Triceps Brachii

COLOURS AVAILABLE: Black.