

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Lughnasadh Dublin Coddle Roasted Brussel Sprouts Irish Apple Cake
4 5 Cheese Ziti Mixed Summer Salad Fresh Fruit Parfait	5 Honey Dijon Pork loin Wild Rice Blend Broccoli Fruit	6 Salisbury Steak Home Made Mashed Potatoes & Gravy Mixed Vegetables Fresh Fruit	7 SITE CHOICE	8 Sesame Ginger Orange Chicken Salad w./ Crispy Wonton Strips Watermelon
11 Roasted Chicken Garlic Mashed Potatoes with Country Gravy Cole Slaw Fresh Berries over Vanilla Pudding	12 SITE CHOICE	13 Herbed Fish w. Cheesy Polenta Tartar Sauce Coleslaw Fruit	14 Beef and Bean Burrito Salsa, Avocado and Sour Cream Fiesta Veggies Mango and Strawberries	15 Thai Quinoa Salad Grilled Chicken Watermelon
18 National Fajita Day Chicken or Beef Fajita Arroz Rojo Guacamole and Sour Cream Fresh Fruit	19 Baked Macaroni & Cheese w./ Turkey or Ham Broccoli Cantaloupe 100% Fruit Juice	20 Homemade Meatloaf Mashed Potatoes Carrots & Peas Applesauce Dessert	21 Senior Citizen's Day SITE CHOICE	22 Chef Salad Whole Wheat Dinner Roll Watermelon
25 SITE CHOICE	26 Creamy Corn Chowder Mixed Green Salad Cottage Cheese Fresh Fruit Dinner Roll	27 Cheese Ravioli With Marinara Roasted Eggplant & Zucchini Fresh Fruit Garlic Bread	28 BBQ Pulled Pork Sandwich Jo Jo's Coleslaw Yogurt Parfait w. Fruit & Granola	29 Chicken Noodle Stir Fry Broccoli Pineapple

Menu subject to change. Our meals are low in sodium and prepared with diabetic diets in mind.