

Monday	Tuesday	Wednesday	Thursday	Friday
2 Herbed Chicken Au Gratin Potatoes Malibu Blend Mandarin Oranges	3 Beef Chili Mac with Cheddar Cheese Fiesta Vegetables Garlic Bread Spiced Pears	4 Whole Wheat Pancake Breakfast with Berry Compote Sausage Scrambled Eggs Potatoes O'Brien Fruit Salad	5 SITE CHOICE	6 Baked Fish and Chips Coleslaw Tartar Sauce Fruit
9 Swedish Meatballs over Whole Wheat Egg Noodles Brussel Sprouts Apple slices	10 Coconut Curry Chicken w/Jasmine Rice Stir Fry Vegetables Pineapple Chunks Wheat Dinner Roll	11 Fish Veracruz Seasoned Black Beans Red Rice Mango and Blueberry Yoghurt Parfait	12 Hearty Split Pea & Ham Soup Side Salad Whole Wheat Roll Orange	13 SITE CHOICE
16 CLOSED Presidents' Day	17 Mardi Gras Jambalaya Collard Greens Fruit Dessert	18 Chicken Fajita with Bell Pepper and Onions Tortilla Lime Cilantro Rice Sour Cream, Salsa Fruit	19 SITE CHOICE	20 Hearty Vegetable Soup Country Chicken Salad w/ Whole Wheat Roll Fruit
23 Beef Stroganoff Over Whole Wheat Pasta Green Beans Spiced Pears	24 Chicken ala King Over Biscuit 3 Bean Salad Peaches	25 SITE CHOICE	26 Pozole Verde (Pork and Hominy Stew) w/ Sour Cream, Avocado, and Cheese Tortilla Chips Fruit	27 Cottage Pie Mixed Veggies Sliced Apples Whole Wheat Roll

Menu subject to change. Our meals are low in sodium and prepared with diabetic diets in mind.