



Useful Websites and apps for your time in Uppsala!

University life

Campus card

the campus card is a personal multifunctional card with your photo on it. It is used for building access, entry to university facilities, printing services. All students at the university needs one of these, most likely you will get this during the university arrival days. The card can also be used as a library card after you have registered it for that separate function. With the Campus card you will also get free access to the universities museums around Uppsala. More information about this can be found on the university website.

Canvas by Instructure Student (Canvas student)

Canvas is Uppsala University's main learning platform. You will find course materials, assignments, schedules and important announcements there. It is essential for staying organized and keeping track on your studies, submitting work and communicating with teachers and classmates. Canvas exists both as an app and can be found on the internet by searching for "canvas student Uppsala".

Ladok UU

Ladok is the official. Student registry system in Sweden. You use it to register for courses, view your grades and download official transcripts. It is an essential tool for managing your academic records.

Inspira UU

Inspira is the universities digital exam platform. It is used for digital written exams. You log in with your student account. It can be valuable to check it out and familiarize yourself with the system at home before your first exam to avoid technical issues.

MazeMap

Mazemap is an app that helps you find your way inside university buildings. You can search for rooms, lecture halls and facilities. Very useful during your first weeks on campus.

Outlook Email

Outlook is used for your university email account. You will receive important messages from the university, teachers and administration here. Through this email you will also get access to Microsoft word, PowerPoint and excel.



WIFI (eduroam, UUGuest)

Eduroam is a secure WI-FI network available at universities worldwide. At Uppsala university you can log in with your student account to get a reliable internet access on campus and other locations around the city and the world. If you need help with connecting to eduroam you can go to your closest service desk at any of the campuses. UU guest is a temporary WI-FI network for visitors at the university. It is useful if you can not access eduroam.

Zoom

Zoom is used for online lectures, meetings and group works. Some courses may include remote sessions, so having zoom installed ensures you can participate without any issues.

Social life & communications

Uppsalastudent.com

This website is a central guide for student life in Uppsala. It provides information about housing, student nations, events and practical tips. Great for understanding student culture and finding activities.

Nationsguiden.se

A helpful guide to Uppsala student nations. It explains what each nation offers, including cubs, pubs, housing, sports and events. It can be filtrated by category or date. **Note:** That before entering a nation you will have to become a member to at least one nation in order to get a nation card. During the first weeks of the semesters the nations will have extra opening hours (“mottagningstider”) where you can sign up.

Mecenat

Mecenat gives you access to student discounts across Sweden. You can find deals on transport, food, clothing and more. You can read more about what mecenat offers here: <https://help.mecenat.com/hc/en-gb/articles/360000871246-Uppsala-University-Mecenat-card-and-student-union-membership-card>

WhatsApp/ Facebook messenger

these messaging apps are widely used for communication. Students often creates group chats for courses, housing and social activities. They are useful for staying connected and quickly sharing information.



Instagram

On Instagram you can find several account connected to the university life here in Uppsala, both student union related information, nation related information and special information only for international students.

Orbi

Orbi is a student app used to find events, buy tickets and access discounts. Many student and sport organization uses it when tickets for different events go for sale.

Shopping

Grocery Stores

Many of the grocery stores in Sweden have an app or website that allows you to view deals. Please note that many stores require a person Nummer to make an account. Some common grocery stores in Sweden are Willys, Hemköp, Coop, ICA, Lidl, CityGross. Mathem is an online grocery service where you can order food and household items directly to your door.

Household items

Once you arrive in Uppsala you might need to get a hold on some household items like towels, bedsheets, pillows, kitchen supplies and tools. Here are some examples of stores around Uppsala where you can find these items; IKEA, Rusta, Clas Ohlson, Åhlens, Jysk, HM home, Mio, dollarstore, hemtex etc.

Second hand stores

The second hand market is very popular in Uppsala. It is a great way to save money and find affordable furniture, kitchen supplies and clothes, while also being environmentally friendly. Some examples of second hand markets are; Facebook marketplace, blocket, Myrorna Second hand, Erikshjälpen, Rackis for barn,

TooGood ToGo

This app lets you buy surplus food/pastries/groceries from restaurants and stores at a lower price. It helps reduce food waste while saving money.

Food Delivery (Foodora, Wolt)



Wolt and Fodora are the two biggest food delivery apps in Uppsala. They offer a wide selection of restaurants and quick delivery options.

Transportation

UL (Upplands Lokaltrafik)

UL is the public transport system in Uppsala. The app lets you buy tickets, check schedules and plan routes for busses and local travels. It can also be used to travel to/from Arlanda and to Stockholm by train (together with an combined UL+SL ticket). UL provides discounted prices for students. More information can be found in the app or on the website: <https://www.ul.se/en/tickets/our-tickets/our-tickets/>

SL (Stockholm Transportation Network)

SL manages the public transport in Stockholm. Useful if you plan to visit or travel in the Stockholm area.

SJ (Swedish Railways)

SJ is Sweden's main train operator. Exists as a website and an app. Here you can find time tables and routes for all train services in Sweden.

Scooters (Voy, Lime, Tier etc)

Various scooter companies offers electric scooters for short trips around the city. Easy to unlock via the apps and useful for quick transportation. However there are slow zones and no parking zones around the city centre that you have to be aware of.

Uber

Uber is a car service and ride sharing service that allows you to plan rides to different destinations. The app exists in many places around the world. Convenient for late night or when public transport isn't available.

Uppsala Taxi

A local taxi service in Uppsala. Reliable option for getting around the city and or to the airport. Allows you to book available taxies for now or for a later date.

Taxi Kurir

Taxi kurir is a well known taxi company in Sweden. It offers app based booking and operates in multiple cities around Sweden.



Other important information

Bank ID

Bank ID is a digital identification system used in Sweden. It allows you to securely log in to services, sign documents and verify identity online. Many essential services require it. However you can only get access to a Bank ID if you have a Swedish person Number and a Swedish bank account.

Swish

Swish is a mobile payment app linked to your bank account. It is commonly used in Sweden to send money instantly between people, pay at events or even in some shops. Unfortunately for this service you are required to have a bank ID.

Personal number (person Nummer) vs T-number

A person Nummer is a Swedish personal identity number given to residents. If you are staying short term you might receive a T-number instead. Both are used for identification.

Swedish addresses

Swedish addresses usually includes street name, building number, apartment number, postal code and city. Apartment numbers can differ from door numbers, so it is important to understand the format when receiving mail.

Example address format:

Anna Andersson

Vintergatan 12, 0123

753 10 Uppsala

Sweden

Postage

Receiving packages in Sweden is generally easy, but there are some important differences depending on where the package is sent from. If your family sends something from within EU,



it usually arrives without extra fees or paperwork. However packages from outside EU (e.g UK, Australia, Asia, Amerika) may be subject to customs, VAT and handling fees, even for gifts, and they can take longer to arrive. It can also be good to be aware that some items, especially food or liquids, may be restricted or stopped by customs. For more up to date information, visit the <https://www.tullverket.se/en/startpage/private/online/sendingorreceivingagift.4.311bf4f016e69d6ea0da7c.html> Swedish customs website:

Packages are rarely delivered directly to your door. Instead they are sent to a nearby pickup point and you will receive a notification (SMS, email or letter) with instructions on how and where to collect them. It is important to include your full name, address and phone number when receiving packages.