# LIGHTING THE WAY WITH FOOD AND PLAY

# 2025 Retreat Agenda

# SCHEDULE AT A GLANCE

# Thursday, October 16

1:00 - 2:00 PM Registration

Corque Hotel, 400 Alisal Rd, Solvang

2:00 - 5:00 PM Conference

6:00 - 8:00 PM Dinner at Firestone Walker Barrelworks

620 McMurray Rd, Buellton

Transportation provided, see full agenda for details

8:30 - 10:00 PM Optional Evening Activities

### Friday, October 17

7:00 - 8:30 AM Breakfast Buffet Begins

Optional Walk Around Solvang

8:30 AM - 12:15 PM Conference 12:15 - 1:15 PM Lunch Buffet

1:30 - 3:00 PM Breakout Sessions by Position

3:00 - 4:30 PM Afternoon Sessions at Vega Vineyards

9496 Santa Rosa Rd, Buellton

Transportation provided, see full agenda for details

6:00 - 9:00 PM Dinner and Dancing at Vega Vineyards

# Saturday, October 18

7:00 - 8:30 AM Breakfast Grab-and-Go

Optional Walk Around Solvana

9:00 - 11:45 AM Self-Driven Tour Rotations

Oak Valley Elementary: 595 2nd St, Buellton

Santa Ynez Botanic Garden: 151 Sycamore Dr, Buellton

Zaca Center Preschool: 27 Six Flags Cir, Buellton

12:00 PM Lunch-to-Go and Continuing Education Certificates in the Park

151 Sycamore Dr, Buellton



# THURSDAY, OCTOBER 16

#### **REGISTRATION BEGINS AT 1:00 PM**

Corque Hotel, 400 Alisal Rd, Solvang, CA 93463

### **CONFERENCE BEGINS AT 2:00 PM**

2:00 - 2:10 PM Welcome Video

2:10 - 2:20 PM Welcome from Catherine Brozowski, Audacious Foundation

2:20 - 3:30 PM SESSION: Play With Your Food!

Presented by Chef Bethany Markee, Apples to Zucchini

3:30 - 3:45 PM Break

3:45 - 5:00 PM SESSION: The Playful Mind - Where Thinking Begins

Presented by Tom "Teacher Tom" Hobson

#### **DINNER AND EVENING ACTIVITIES BEGIN AT 5:30 PM**

5:30 PM Buses Leave to Firestone Walker Barrelworks

620 McMurray Rd, Buellton, CA 93427

6:00 - 8:00 PM Dinner

8:00 PM Buses Leave to Corque Hotel

8:30 - 10:00 PM After-Dinner Optional Activities - choose one

The Maverick Open Mic Night / Solvang Escape Room / Ghost Story Tour / Sleep!

# FRIDAY, OCTOBER 17

7:00 - 8:30 AM Breakfast Buffet at Corque Hotel

OPTIONAL: Fitness Walk Around Solvang from 7:00 - 7:45 AM

# **CONFERENCE BEGINS AT 8:30 AM**

8:30 - 8:40 AM Welcome from Wendy Read, Audacious Foundation

8:40 - 9:00 AM Remarks from Michelle Robertson, First 5 Santa Barbara County

9:00 - 9:30 AM Best Practice Videos & Voting for 2025 Winners

9:30 - 10:45 AM SESSION: Raising Changemakers - Nurturing Voice, Values, and Vision

Presented by Jenna Janzen & Jessica Derby, Patagonia

10:45 - 11:00 AM Break

11:00 AM - 12:00 PM SESSION: Nourishing Through Play - Reconnecting with Food and Your Inner Child

Presented by Mary Galindo, Rooted Santa Barbara

12:00 - 12:15 PM Q&A with Nancy Weiss & Mary Galindo

12:15 - 1:15 PM Lunch Buffet at Corque Hotel

#### **BREAKOUT SESSIONS BEGIN AT 1:30 PM**

#### **GROUP 1 & 2 BREAKOUT SESSIONS AT CORQUE**

# 1:30 - Red Group: Matching the Developmental

2:30 PM Benefits of Play with PTKLFs

Presented by Phoebe Ball & Loriann Mastromarino, *Hollister School* 

# Yellow Group: A Visible Leader

Presented by Beth Rizo

### **Buses to Vega Vineyards**

2:30 PM

9496 Santa Rosa Rd Buellton, CA 93427

#### **GROUP 3 & 4 BREAKOUT SESSIONS AT VEGA**

### 1:30 PM Buses to Vega Vineyards

9496 Santa Rosa Rd Buellton, CA 93427

2:00 - Blue Group: Reawakening to Wonder - 3:00 PM The Playful Pathway to Well-being

Presented by Heather Fox & Kirsten Haugen, *Nature Explore* 

Green Group: Getting People On Board and Outside

Presented by Michelle Robertson, First 5 Santa Barbara County

#### **ALL CONVENE AT VEGA VINEYARDS BY 3:00 PM**

3:00 - 3:30 PM Snack Break

3:30 - 4:30 PM Colleague Circles - choose one

Risky Messy Play / What Keeps Me Up at Night / Finding Substitutes & Retaining Staff Leveraging Community Partnerships / Family Engagement / Food & Garden Ideas

4:30 - 4:45 PM Break

4:45 - 5:45 PM Personal Time and Breakout Sessions - choose one

Mindfulness Meditation / Tractor Ride & Games on the Lawn / Learn to Line Dance Independent Journaling & Drawing / Unwind with Wine

6:00 - 7:00 PM Farm to Table Dinner 7:00 - 9:00 PM DJ Darla and Dancing

Buses Back to Corque Hotel Run From 8:00 - 9:30 PM

# SATURDAY, OCTOBER 18

7:00 - 8:30 AM Breakfast Grab and Go at Corque Hotel

OPTIONAL: Fitness Walk Around Solvang from 7:00 - 7:45 AM

9:00 - 11:45 AM Self-Driven Tour Rotations

Tours start at 9, 10, and 11 AM and last 45 minutes each. Groups are assigned.

Group A: Oak Valley Elementary → Santa Ynez Botanic Garden → Zaca Center Preschool

Group B: Zaca Center Preschool → Oak Valley Elementary → Santa Ynez Botanic Garden

Group C: Santa Ynez Botanic Garden → Zaca Center Preschool → Oak Valley Elementary

Addresses - OVE: 595 2nd St / SYBG: 151 Sycamore Dr / ZCP: 27 Six Flags Cir

### **LUNCH-TO-GO IN THE PARK BEGINS AT 12:00 PM**

151 Sycamore Drive, Buellton CA 93427 Continuing Education Certificates to be Distributed