ALLERGEN INFORMATION

Last Updated 11/22/26

BABA'S PIZZA

PIZZA

SLICE

			PEANUT	TREE NUT	FISH	SHELLFISH	EGG	MILK	SESAME	WHEAT	SOY	GLUTEN	VEGAN	VEGETARIAN
Cheese	1 Slice	440 cal.						Contains Milk		Contains Wheat		Contains Gluten		Vegetarian
Pepperoni	1 Slice	480 cal.						Contains Milk		Contains Wheat		Contains Gluten		
BBQ Chicken	1 Slice	520 cal.						Contains Milk		Contains Wheat		Contains Gluten		
Buffalo Chicken	1 Slice	470 cal.						Contains Milk		Contains Wheat	Contains Soy	Contains Gluten		
Blush	1 Slice	490 cal.						Contains Milk		Contains Wheat		Contains Gluten		Vegetarian
Chicken Parm	1 Slice	560 cal.						Contains Milk		Contains Wheat		Contains Gluten		
Margherita	1 Slice	420 cal.						Contains Milk		Contains Wheat		Contains Gluten		Vegetarian
Steve's OG	1 Slice	530 cal.						Contains Milk		Contains Wheat	Contains Soy	Contains Gluten		
White Garlic	1 Slice	520 cal.						Contains Milk		Contains Wheat		Contains Gluten		Vegetarian
Everything Bagel	1 Slice	580 cal.						Contains Milk	Contains Sesame	Contains Wheat		Contains Gluten		Vegetarian

FINISHED TOPPINGS

			PEANUT	TREE NUT	FISH	SHELLFISH	EGG	MILK	SESAME	WHEAT	SOY	GLUTEN	VEGAN	VEGETARIAN
Pecorino Romano	1 oz	110 cal.						Contains Milk						Vegetarian
Fresh Basil	0.25 oz	0 cal.											Vegan	Vegetarian
Crushed Red Pepper	Pinch	0 cal.											Vegan	Vegetarian
Cracked Black Pepper	Pinch	0 cal.											Vegan	Vegetarian
Garlic Powder	Pinch	0 cal.											Vegan	Vegetarian
Oregano	Pinch	0 cal.											Vegan	Vegetarian
Parmesan Cheese	2 tsp	20 cal.						Contains Milk						Vegetarian
Everything Seasoning	Pinch	0 cal.							Contains Sesame				Vegan	Vegetarian
Hot Honey Drizzle	1 tbsp	70 cal.												Vegetarian
Pesto Sauce Drizzle	0.5 oz	63 cal.		Contains Tree Nut				Contains Milk						Vegetarian
Ranch Sauce Drizzle	0.5 oz	70 cal.					Contains Egg	Contains Milk						Vegetarian
Hot BBQ Drizzle (Buffalo)	0.5 oz	10 cal.						Contains Milk			Contains Soy			Vegetarian
Harissa Drizzle	1 oz	35 cal.											Vegan	Vegetarian
Hot Sauce	1 oz	0 cal.											Vegan	Vegetarian
Stracciatella Scoop	1 oz	70 cal.						Contains Milk						Vegetarian
Crumbled Feta	1 oz	80 cal.						Contains Milk						Vegetarian
Cold Shredded Mozzarella	1 oz	90 cal.						Contains Milk						Vegetarian

BUILD YOUR OWN PIE

		PEANUT	TREE NUT	FISH	SHELLFISH	EGG	MILK	SESAME	WHEAT	SOY	GLUTEN	VEGAN	VEGETARIAN
Classic Dough	510 cal.								Contains Wheat		Contains Gluten	Vegan	Vegetarian
Gluten Free Dough	50 cal.					Contains Egg	Contains Milk						Vegetarian
Mozzarella Cheese	360 cal.						Contains Milk						Vegetarian
Ricotta Cheese	90 cal.						Contains Milk						Vegetarian
Vegan Cheese	140 cal.											Vegan	Vegetarian
Pepperoni	80 cal.												
Sausage	120 cal.									Contains Soy			
Meatballs	130 cal.					Contains Egg	Contains Milk		Contains Wheat	Contains Soy	Contains Gluten		
Chicken	70 cal.												
Bacon	90 cal.												
Pineapple	30 cal.											Vegan	Vegetarian
Mushrooms	15 cal.											Vegan	Vegetarian
Onions	25 cal.											Vegan	Vegetarian
Green Peppers	15 cal.											Vegan	Vegetarian
Olives	150 cal.											Vegan	Vegetarian
Broccoli	20 cal.											Vegan	Vegetarian
Jalapeno Peppers	5 cal.											Vegan	Vegetarian

CHEESE BREAD

			PEANUT	TREE NUT	FISH	SHELLFISH	EGG	MILK	SESAME	WHEAT	SOY	GLUTEN	VEGAN	VEGETARIAN
Classic	4 pieces	750 cal.						Contains Milk		Contains Wheat		Contains Gluten		Vegetarian
Garlic Parm	4 pieces	1080 cal.						Contains Milk		Contains Wheat		Contains Gluten		Vegetarian
Pepperoni	4 pieces	980 cal.						Contains Milk		Contains Wheat		Contains Gluten		
Buffalo Chicken	4 pieces	1130 cal.						Contains Milk		Contains Wheat	Contains Soy	Contains Gluten		

HOT SANDWICHES

		PEANUT	TREE NUT	FISH	SHELLFISH	EGG	MILK	SESAME	WHEAT	SOY	GLUTEN	VEGAN	VEGETARIAN
Chicken Parm	1040 cal.						Contains Milk		Contains Wheat		Contains Gluten		
Meatball Parm	1010 cal.					Contains Egg	Contains Milk		Contains Wheat	Contains Soy	Contains Gluten		
Blush Parm	1680 cal.						Contains Milk		Contains Wheat		Contains Gluten		
Hot Buffalo Chicken	820 cal.						Contains Milk		Contains Wheat	Contains Soy	Contains Gluten		
Fat Baba	1200 cal.					Contains Egg	Contains Milk		Contains Wheat		Contains Gluten		

DIPS

		PEANUT	TREE NUT	FISH	SHELLFISH	EGG	MILK	SESAME	WHEAT	SOY	GLUTEN	VEGAN	VEGETARIAN
Ranch	140 cal.					Contains Egg	Contains Milk						Vegetarian
Marinara	15 cal.											Vegan	Vegetarian
White Sauce	160 cal.					Contains Egg							Vegetarian
BBQ Sauce	55 cal.											Vegan	Vegetarian
Hot Sauce	0 cal.											Vegan	Vegetarian
Blue Cheese	150 cal.					Contains Egg	Contains Milk						Vegetarian

SIDES

		PEANUT	TREE NUT	FISH	SHELLFISH	EGG	MILK	SESAME	WHEAT	SOY	GLUTEN	VEGAN	VEGETARIAN
Mozzarella Sticks	480 cal.						Contains Milk		Contains Wheat		Contains Gluten		Vegetarian
Zeppi Bites	450 cal.								Contains Wheat		Contains Gluten	Vegan	Vegetarian

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
For more info email: info@thehalalshack.com

FOOD ALLERGEN WARNING: Food prepared here may come into contact with wheat, gluten, egg, milk, soy, sesame, peanuts, tree nuts, fish, and shellfish. Please ask a manager for assistance if you have specific dietary needs.

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NUTRITIONAL INFORMATION

Last Updated 11/22/26

BABA'S PIZZA

PIZZA

SLICE

			TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLES-TEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	TOTAL SUGARS (g)	ADDED SUGARS (g)	PROTEIN (g)	VITAMIN D (mcg)	CALCIUM (mg)	IRON (mg)	POTASSIUM (mg)
Cheese	1 Slice	440 cal.	15	7	0	45	740	54	3	2	1	18	0	320	3.5	60
Pepperoni	1 Slice	480 cal.	19	9	0	55	950	54	2	1	1	21	0	340	3.9	110
BBQ Chicken	1 Slice	520 cal.	16	7	0	60	990	69	2	14	1	22	0	330	3.7	140
Buffalo Chicken	1 Slice	470 cal.	15	7	0	60	1350	54	2	1	1	21	0	320	3.6	60
Blush	1 Slice	490 cal.	20	10	0	55	840	55	2	2	1	20	0	330	3.7	50
Chicken Parm	1 Slice	560 cal.	25	9	0	70	930	57	2	3	1	24	0	390	3.9	130
Margherita	1 Slice	420 cal.	13	5	0	30	650	56	2	4	1	19	0	170	3.8	10
Steve's OG	1 Slice	530 cal.	21	10	0	60	1020	58	4	3	1	24	0	350	4.6	280
White Garlic	1 Slice	520 cal.	24	9	0	55	640	54	2	1	1	20	0	370	3.4	110
Everything Bagel	1 Slice	580 cal.	29	11.5	0	64	860	54	2	1	1	21	0	426	3.5	124

FINISHED TOPPINGS

			TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLES-TEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	TOTAL SUGARS (g)	ADDED SUGARS (g)	PROTEIN (g)	VITAMIN D (mcg)	CALCIUM (mg)	IRON (mg)	POTASSIUM (mg)
Pecorino Romano	1 oz	110 cal.	10	6	--	25	580	0	0	0	0	7	0	270	0	20
Fresh Basil	0.25 oz	0 cal.	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Crushed Red Pepper	Pinch	0 cal.	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cracked Black Pepper	Pinch	0 cal.	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Garlic Powder	Pinch	0 cal.	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Oregano	Pinch	0 cal.	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Parmesan Cheese	2 tsp	20 cal.	1.5	1	0	<5	90	0	0	0	0	1	0	43	0	10
Everything Seasoning	Pinch	0 cal.	0	0	0	0	65	0	0	0	0	0	0	0	0	0
Hot Honey Drizzle	1 tbsp	70 cal.	0	0	0	0	0	17	0	17	0	0	0	0	0	0
Pesto Sauce Drizzle	0.5 oz	63 cal.	6	1	0	1	43	1	0	0	0.5	0.8	0	25	0.2	33
Ranch Sauce Drizzle	0.5 oz	70 cal.	8	1	0	3	145	1	0	0	1	0	0	0	0	0
Hot BBQ Drizzle (Buffalo)	0.5 oz	10 cal.	1	0	0	0	470	1	0	0	0	0	0	0	0	0
Harissa Drizzle	1 oz	35 cal.	2.5	0	0	0	340	3	0	0	0	0	0	0	0	40
Hot Sauce	1 oz	0 cal.	0	0	0	0	1080	0	0	0	0	0	0	0	0	0
Stracciatella Scoop	1 oz	70 cal.	6	4	0	20	60	0	0	0	0	3	0	66	0	10
Crumbled Feta	1 oz	80 cal.	6	4	0	25	300	2	1	0	0	4	0	130	0	0
Cold Shredded Mozzarella	1 oz	90 cal.	7	4	0	20	190	1	0	0	0	6	0	190	0	0

BUILD YOUR OWN PIE

		TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLES-TEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	TOTAL SUGARS (g)	ADDED SUGARS (g)	PROTEIN (g)	VITAMIN D (mcg)	CALCIUM (mg)	IRON (mg)	POTASSIUM (mg)
Classic Dough	510 cal.	5	0	0	0	490	95	4	1	1	17	0	0	6.4	0
Gluten Free Dough	50 cal.	5	2.5	0	0	210	42	1	0	0	5	0	103	1.14	135
Mozzarella Cheese	360 cal.	28	16	0	100	800	4	0	0	0	20	0	728	0	120
Ricotta Cheese	90 cal.	7	5	0	32	50	3	0	0	0	5	0	132	0	122
Vegan Cheese	140 cal.	10	4	0	0	450	12	2	0	0	0	0	0	0.2	20
Pepperoni	80 cal.	7	3	0	20	240	1	0	0	0	4	0	10	0.7	70
Sausage	120 cal.	7	3	0	25	450	3	2	0	0	10	0	43	2	231
Meatballs	130 cal.	9	3.5	0	40	390	4	0	0	0	9	0	30	0.6	100
Chicken	70 cal.	2	0	0	50	270	1	0	0	0	10	0	0	0.5	10
Bacon	90 cal.	5	2	0	30	550	2	0	--	2	8	0	0	0	120
Pineapple	30 cal.	--	--	--	--	--	--	--	--	--	--	--	--	--	--
Mushrooms	15 cal.	0	0	0	0	0	3	1	1	0	1	0	10	0	250
Onions	25 cal.	0	0	0	0	0	5	1	2	0	1	0	10	0.1	80
Green Peppers	15 cal.	0	0	0	0	0	3	1	2	0	1	0	0	0.2	120
Olives	150 cal.	15	0	0	0	910	4	0	0	0	0	0	0	0	53
Broccoli	20 cal.	0	0	0	0	15	4	1	1	0	2	0	30	0.5	190
Jalapeno Peppers	5 cal.	0	0	0	0	570	2	1	1	0	0	0	40	0.1	140

CHEESE BREAD

			TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLES-TEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	TOTAL SUGARS (g)	ADDED SUGARS (g)	PROTEIN (g)	VITAMIN D (mcg)	CALCIUM (mg)	IRON (mg)	POTASSIUM (mg)
Classic	4 pieces	750 cal.	**33**	**15**	**0**	**90**	**1480**	**77**	**4**	**4**	**1**	**31**	**0**	**660**	**5.1**	**130**
Garlic Parm	4 pieces	1080 cal.	**51**	**21**	**0**	**90**	**1730**	**104**	**5**	**1**	**1**	**41**	**0**	**910**	**7.2**	**190**
Pepperoni	4 pieces	980 cal.	**40**	**17**	**0**	**105**	**1830**	**109**	**5**	**5**	**2**	**40**	**0**	**670**	**7.8**	**170**
Buffalo Chicken	4 pieces	1130 cal.	**49**	**18**	**0**	**115**	**2280**	**114**	**5**	**2**	**1**	**45**	**0**	**660**	**7.5**	**160**

HOT SANDWICHES

		TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLES-TEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	TOTAL SUGARS (g)	ADDED SUGARS (g)	PROTEIN (g)	VITAMIN D (mcg)	CALCIUM (mg)	IRON (mg)	POTASSIUM (mg)
Chicken Parm	1040 cal.	67	20	0	125	2410	68	0	7	0	38	0	820	4.4	240
Meatball Parm	1010 cal.	60	27	0	200	2880	66	2	8	2	53	0.5	870	6.2	760
Blush Parm	1680 cal.	121	49	0	280	2840	78	0	2	0	56	0	880	4.6	310
Hot Buffalo Chicken	820 cal.	40	18	0	125	5030	64	0	1	0	37	0	780	3.5	220
Fat Baba	1200 cal.	82	20	0	125	2190	93	0	24	0	31	0	430	3.7	310

DIPS

		TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLES-TEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	TOTAL SUGARS (g)	ADDED SUGARS (g)	PROTEIN (g)	VITAMIN D (mcg)	CALCIUM (mg)	IRON (mg)	POTASSIUM (mg)
Ranch	140 cal.	15	2.5	0	5	290	2	0	0	1	0	0	0	0	0
Marinara	15 cal.	0	0	0	0	0	0	0	0	0	0	0	0	0	0
White Sauce	160 cal.	19	3	0	15	160	0	0	0	0	0	0	0	0	0
BBQ Sauce	55 cal.	0	0	0	0	225	14	0	0	12	0	0	0	0	0
Hot Sauce	0 cal.	0	0	0	0	1080	0	0	0	0	0	0	0	0	0
Blue Cheese	150 cal.	16	3	0	15	250	1	0	0	1	1	0	0	0	0

SIDES

		TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLES-TEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	TOTAL SUGARS (g)	ADDED SUGARS (g)	PROTEIN (g)	VITAMIN D (mcg)	CALCIUM (mg)	IRON (mg)	POTASSIUM (mg)
Mozzarella Sticks	480 cal.	34	15	0	90	1230	26	0	6	0	22	0	560	0.4	100
Zeppi Bites	450 cal.	1.5	0	0	0	170	103	1	69	69	6	0	0	2.2	0

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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