

A PARENT'S ONE-PAGE GUIDE



The Four Types of Play

And what each one teaches



01

Independent play. Your child plays alone, absorbed in one thing. It builds focus and the ability to fill their own time.



02

Parallel play. Two children play side by side without playing together. It is the bridge to social play.



Cooperative play.

Children share one goal and negotiate to reach it. Turn-taking, compromise, and repair after a disagreement get practiced here.

03



04

Imaginative play. A box becomes a boat. Pretend play builds language and flexible thinking.



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