

One friend, one activity, one short visit



How to set a playdate up so it has a chance.

1

Invite one child, never a group.

A party is a crowd, and a crowd is the hardest place on earth to make a friend. One child is the whole plan.



2

Pick the activity before they arrive.

Something both children already like and can do side by side. A shared thing carries a visit that conversation cannot.



3

Keep it short, and say the end out loud.

Forty minutes that end well beat two hours that end badly. Name the finish when the visit starts.



4

Be nearby, not in the middle.

Set it up, start it off, then move back within earshot. Hovering turns a playdate into a lesson.

