

What ABA costs, and what to ask your plan



Four questions, in the order they come up.

1

Ask for the hourly rate in writing.

The common range is \$110 to \$130 an hour, and it moves with the provider and the state.



2

Ask how many hours the plan recommends.

Ten hours a week and forty hours a week are both normal, and they are not the same bill.



3

Ask what your plan covers before the first session.

Coverage moves the number further than the hourly rate does, so it is the answer to get first.



4

Ask what happens when the hours change.

The reassessment is where the quote stops being the price. Ask when the next one falls.

