

A morning routine that survives a school day



Four steps. The first one changes nothing, which is why it works.

1

Write down the morning you already have.

In order, before you change a single thing. The step that breaks shows itself once it is on paper.



2

Put the hard step where your child is freshest.

Most mornings break at one point, not everywhere, and that point can be moved earlier.



3

Make the order visible.

A row of pictures on the wall does the reminding, so you stop being the one repeating it.



4

Run it on the easy days too.

A routine that only appears when you are already late has not been learned yet.

