



**INVEST IN YOUR PEOPLE
ELEVATE YOUR WORKPLACE**

Empowering Professionals. Strengthening Teams.

ELA's professional development is grounded in proven theory and delivered through engaging, dynamic, and fun sessions—empowering professionals with practical strategies that lead to stronger teams and improved workplace culture.

NEED A SECOND OPINION?

“
ELA was hands down
the finest leadership
training I have had at
Embrace.”

ADMINISTRATOR
EMBRACE PET INSURANCE (2025)

Questions? More Info?



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Tailored for Your Team

We offer customized professional development aligned with your goals, building lasting success through engaging, actionable sessions.

Flexible Formats

Choose what fits your schedule and team size:

- 60-minute sessions
- Half-day or full-day retreats
- Multi-day series
- Small departments to full-company teams

Key Areas of Development

- Team Building & Collaboration
- Growth Mindset & Resilience
- Communication & Conflict Resolution
- Emotional Intelligence in Leadership
- Workplace Wellness & Stress Management
- And much more—custom topics available!!

Programs start at \$2,000, with a portion of each fee directly supporting leadership and workforce readiness programming for underserved schools.



ELA offers a wide range of professional development topics that cover essential areas. These topic areas enable professionals to grow their skills, collaborate more effectively, and create meaningful change in the workplace.

FEATURED WORKSHOP

Build Highly Functioning Teams

Dive deep into building trust, creating strategic plans, and developing actionable growth strategies, ensuring your team leaves with a clear path to immediate progress.

PROGRAM TOPIC AREAS

Fostering Trust

Build trust to enhance team performance with proven strategies that drive accountability, clear communication, and stronger collaboration for a more resilient and higher performing team.

Developing a Growth Mindset for Success

Develop a growth mindset and positive attitude to boost confidence, embrace challenges, and unlock your team's full potential for high-level performance.

Igniting Purpose and Passion

Explore how your personal values and goals align with your organization's mission. By discovering and embracing your "why," you'll gain clarity, purpose, and renewed motivation to lead with passion and intention.

Mastering Impactful Communication

Master the art of impactful communication to inspire trust, drive engagement, and foster collaboration across all levels of the organization.

Building Stronger Teams

By understanding how different personality styles enhance social dynamics, teams can communicate clearly and collaborate more effectively.

Transforming Conflict into Opportunity

Enhance collaboration and drive results by mastering practical conflict resolution strategies that turn workplace challenges into opportunities for growth and innovation.

Cultivating an Emotionally Intelligent Team

Empower leaders with emotional intelligence to foster a resilient, engaged workforce that thrives in collaboration, innovation, and peak performance.

DID YOU KNOW?

ELA offers Professional Development **Wellness Workshops** aimed at keeping your workforce healthy and stress-free. Visit our website for additional details.

www.effectiveela.org/wellness

