



EFFECTIVE
LEADERSHIP
ACADEMY

ELA

PATHWAYS
TO SUCCESS

www.effectivela.org

HIGH SCHOOL

EFFECTIVE LEADERSHIP ACADEMY

What is Pathways to Success?

ELA's mission is to help people develop their most valuable asset - themselves!

The **Pathways to Success** program focuses on essential skills such as creating a strong first impression and developing critical thinking. Through reflective activities and identifying learning styles, students gain a deeper understanding of themselves.

PROGRAM OBJECTIVES

Self Development Learning Tools

- ✓ TOOLKIT FOR SUCCESS
- ✓ SELF-DISCOVERY
- ✓ SITUATIONAL LEADERSHIP
- ✓ TIME MANAGEMENT
- ✓ ABC'S OF COMMUNICATION
- ✓ GOAL SETTING THE SMART WAY

Did you know?

11%

Average increase in GPA for participants in a self-development program

83%

Students who made academic gains when participating in a self-development program with an academic component



Questions? More Info?



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Building Your Toolkit for Success

1

- Exploring crossroads and change
- Identifying tools for navigating transitional points
- Practicing mindfulness and staying present
- Keeping an open mind in new situations
- Embracing change with resilience
- Understanding the power of mindset

SEL Standards: A1.1.d, A2.2.d, A3.1.d, A3.3.d, A4.2.d, A4.3.d, B1.1.d, B1.3.d, B3.1.d, D1.1.d, E1.1.d, E2.1.d, E3.2.d, E4.1.d, E4.2.d, E4.3.d

Looking Within

3

- Using HALT to assess and adjust internally
- Practicing self-discovery and reflection
- Completing a personal SWOT analysis
- Exploring learning styles
- Understanding that change is constant, growth is intentional

SEL Standards: A2.1.d, A2.2.d, A3.1.d, A3.2.d, A4.1.d, A4.2.d, D1.1.d, E1.1.d, E2.3.d, E4.1.d, E4.2.d, E4.3.d

Communicating with Impact

5

- Preparing to negotiate and advocate
- Practicing active listening
- Understanding and using body language effectively
- Clearly articulating your message with confidence

SEL Standards: A4.2.d, B1.3.d, C1.1.d, C1.2.d, C1.3.d, D1.1.d, D1.2.d, D2.1.d, D2.2.d, D2.3.d, D3.1.d, D3.2.d, D3.3.d, E4.1.d, E4.2.d, E4.3.d

Setting SMART Goals for the Future

7

- Developing goal-oriented behaviors
- Visualizing your future with clarity and intention
- Understanding the power of persistence and grit
- Learning why goals matter for success
- Writing and refining SMART goals

SEL Standards: A2.1.d, A2.2.d, A3.1.d, A3.2.d, A4.1.d, A4.2.d, A4.3.d, B2.1.d, B2.2.d, B2.3.d, B3.1.d, D1.1.d, D1.2.d, E2.3.d, E4.1.d, E4.2.d, E4.3.d

Making Strong First Impressions

2

- Using the HALT strategy to pause and reflect
- Recognizing the impact of first impressions—positive and negative
- Building your personal brand
- Developing a skillset to make strong, confident introductions

SEL Standards: A1.2.d, A1.4.d, A2.2.d, A3.1.d, A3.3.d, A4.1.d, A4.3.d, B1.1.d, B1.3.d, C1.1.d, C2.3.d, C3.1.d, CD1.1.d, D2.1.d, E4.1.d, E4.2.d, E4.3.d

Leading with Agility

4

- Assessing and adjusting based on the moment
- Understanding the concept of situational leadership
- Becoming aware of how others perceive you
- Strengthening emotional intelligence in leadership
- Using the DECIDE method to make thoughtful choices

SEL Standards: A1.1.d, A1.2.d, A4.1.d, A4.3.d, B1.1.d, B1.3.d, B3.1.d, C1.1.d, C1.2.d, C1.3.d, C4.1.d, C4.2.d, C4.3.d, D1.1.d, D1.2.d, D2.3.d, D3.1.d, D3.2.d, D3.3.d, E1.1.d, E2.1.d, E2.3.d, E3.2.d, E4.1.d, E4.2.d, E4.3.d

Negotiating for Success

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- Learning the fundamentals of negotiation
- Recognizing the role of self-negotiation in daily choices
- Exploring personal values as a foundation for decisions
- Practicing the three phases of negotiation
- Strengthening communication in high-stakes moments

SEL Standards: A1.1.d, A1.2.d, A1.3.d, A4.1.d, A4.2.d, A4.3.d, B1.1.d, B1.2.d, B1.3.d, C1.1.d, C1.2.d, C1.3.d, C2.1.d, C3.1.d, C4.2.d, D1.1.d, D1.2.d, D2.2.d, D2.3.d, D3.1.d, D3.2.d, D3.3.d, E1.1.d, E2.1.d, E4.1.d, E4.2.d, E4.3.d

Managing Yourself for Long-Term Success

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- Using goal-oriented behavior to grow and evolve
- Debunking time management myths
- Building practical habits for organization and follow-through
- Practicing reflection during all stages of personal growth

SEL Standards: A1.3.d, A2.1.d, A2.2.d, A3.1.d, A3.2.d, A4.1.d, A4.2.d, A4.3.d, B1.3.d, B2.1.d, B2.2.d, B2.4.d, D2.1.d, D2.3.d, E1.1.d, E1.2.d, E2.1.d, E2.3.d, E3.1.d, E4.1.d, E4.2.d, E4.3.d