



FOSTERING THE GROWTH OF STRONG, EMPATHETIC LEADERS

EFFECTIVE LEADERSHIP ACADEMY

LEADS PROGRAM

ELA's mission is to help young people develop their most valuable asset – themselves! Our engaging activities facilitate a transformative "journey of self-discovery" where students acquire essential tools for success. **LEADS**, a program designed for students in key leadership positions, addresses the need for enhanced success skill training and fosters the growth of strong, empathetic leaders.

11%

Average increase
in GPA for
participants in a
self-development
program

83%

Students who made
academic gains when
participating in a self-
development program with
an academic component

THE OBJECTIVE

DEVELOPING LEADERS

- ✓ SELF-AWARENESS
- ✓ SELF-MANAGEMENT
- ✓ SOCIAL AWARENESS
- ✓ RESPONSIBLE DECISION-MAKING
- ✓ ABC'S OF COMMUNICATION
- ✓ EMOTIONAL INTELLIGENCE



ASK YOUR STUDENT

How many seconds it takes to
make a first impression?



PROGRAM OVERVIEW

The Middle School LEADS program focuses on building leadership mindset, creative problem-solving, and personal growth. The program is held in a large, open space, creating the ideal environment for both seated discussion and active engagement.

Session 1: Developing a Leadership Mindset

- ✓ Exploring the question: “Are leaders born or made?”
- ✓ Introducing the concept of continual **self-improvement** and **self-management**
- ✓ Beginning the process of self-awareness through the question “Who am I?”

Session 2: Thinking Creatively, Leading Confidently

- ✓ Practicing creative **problem-solving** in a 21st-century context
- ✓ Building **resilience** by developing a creative mindset and learning from failure
- ✓ **Collaborating** with others by ensuring all voices and ideas are heard
- ✓ Creating your best self by:
 - Identifying your **major influencers** and support system
 - Maximizing your **unique potential**

Session 3: Growing Through Change

- ✓ Identifying fears and uncovering opportunities for **growth**
- ✓ Challenging comfort zones to promote **personal development**
- ✓ Setting and committing to **SMART goals** for the future
- ✓ Stepping out as your “**next-level self**” and presenting it to the world

Questions? More Info?



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MIDDLE SCHOOL LEADS **FAST FACTS**

THIS PROGRAM IS IDEAL FOR:

Student Leaders and those
with Leadership Potential

3

Total Sessions

50

Student Max-Capacity
for each Session

2

Hours Per Session

SESSION SCHEDULING

Sessions are typically
scheduled once every 3-4
weeks

