



FOSTERING THE GROWTH OF STRONG, EMPATHETIC LEADERS

EFFECTIVE LEADERSHIP ACADEMY

LEADS PROGRAM

ELA's mission is to help young people develop their most valuable asset – themselves! Our engaging activities facilitate a transformative "journey of self-discovery" where students acquire essential tools for success. **LEADS**, a program designed for students in key leadership positions, addresses the need for enhanced success skill training and fosters the growth of strong, empathetic leaders.

11%

Average increase
in GPA for
participants in a
self-development
program

83%

Students who made
academic gains when
participating in a self-
development program with
an academic component

THE OBJECTIVE

DEVELOPING LEADERS

- ✓ SELF-AWARENESS
- ✓ SELF-MANAGEMENT
- ✓ SOCIAL AWARENESS
- ✓ RESPONSIBLE DECISION-MAKING
- ✓ ABC'S OF COMMUNICATION
- ✓ EMOTIONAL INTELLIGENCE



ASK YOUR STUDENT

How many seconds it takes to
make a first impression?





PROGRAM OVERVIEW

Session 1: Discover Your Leadership Potential

FOCUS: CRITICAL THINKING, CREATIVE THINKING & SELF DISCOVERY

- ✓ Build your **21st century leadership toolkit**
- ✓ Embrace a **growth mindset** to support learning and resilience
- ✓ Identify and apply the three **core concepts of leadership behavior**
- ✓ Understand the power of **first impressions** (the first 7 seconds!)
- ✓ Explore the concept of **life balance** and how it affects leadership
- ✓ Set **GO SMART** goals to lead a purpose-driven, goal-oriented life

Session 2: Strengthen Your Communication Skills

FOCUS: COMMUNICATION & NEGOTIATION

- ✓ Master the art of **impactful communication**
- ✓ Break down the **ABC's of communication**
- ✓ Decode messages using all facets of **effective communication**
- ✓ Practice the step-by-step process of **achieving win-win negotiations**

Session 3: Collaboration and Connection

FOCUS: COLLABORATION & ADVANCED NEGOTIATION

- ✓ Deepen your understanding of **growth mindset** in team settings
- ✓ Reflect on **self-awareness** and how you relate to others
- ✓ Explore the stages and dynamics of **effective teamwork**
- ✓ Navigate the challenges of **working collaboratively**
- ✓ Strengthen communication skills within a **team environment**

Questions? More Info?



kbiggar@effectivela.org

HIGH SCHOOL LEADS FAST FACTS

THIS PROGRAM IS IDEAL FOR:

Student Leaders and those
with Leadership Potential

3

Total Sessions

100

Student Max-Capacity
for each Session

3

Hours Per Session

SESSION SCHEDULING

Sessions are typically
scheduled once every 3-4
weeks

