



I am the vine, you are the branches

~John 15:5

Have you ever planted seeds and watched them grow? It takes just the right combination of water, sun, and soil for a plant to thrive and bloom. Even when the tree, vine, or plant is strong, you can still damage the growing plant. If you break off a branch or snap off a leaf, they will no longer grow. Cut off from the plant, they will shrivel and die.

Jesus speaks of the vine and the branches in the Gospel of John, chapter 15. When Jesus says we are the branches and he is the vine, he is telling us that we grow and thrive when we are connected to him. The symbol of the vine also reminds us of grapes. These are used to make wine, which is consecrated at Mass and becomes the Precious Blood of Jesus. Receiving the Eucharist is a way to remain with the true vine, Jesus Christ.