



The Heart of Prayer

A Small Group Series for Igniting Your Prayer Life

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Hello **(name of parish)**,

My name is **(your name and role at parish)**. I would like to personally invite you to an exciting opportunity at our parish. From **(first date)** to **(last date)**, we will be participating in the brand new small group study, *The Heart of Prayer*. This study was created by the National Eucharistic Congress in partnership with the Augustine Institute, and it was designed as an intimate and peaceful retreat with Bishop Andrew Cozzens as the retreat master. Through his down-to-earth guidance, participants will learn to quiet their hearts and minds to hear the voice of God calling to them.

Each of the eight sessions runs for less than an hour and comes with a study guide that summarizes Bishop Cozzens' lesson, offers small group discussion questions, and leaves participants with a weekly challenge. If you're looking to provide a spark in your prayer life, then this is the study for you!

We really hope you'll join us, starting on **(date)** at **(time)** in **(location)**. Hospitality will be provided. Thank you!