



**UNITED
VOICES FOR
NEWCOMER
RIGHTS.**

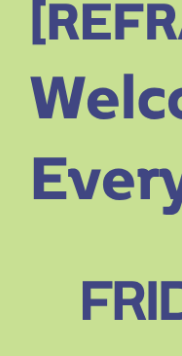
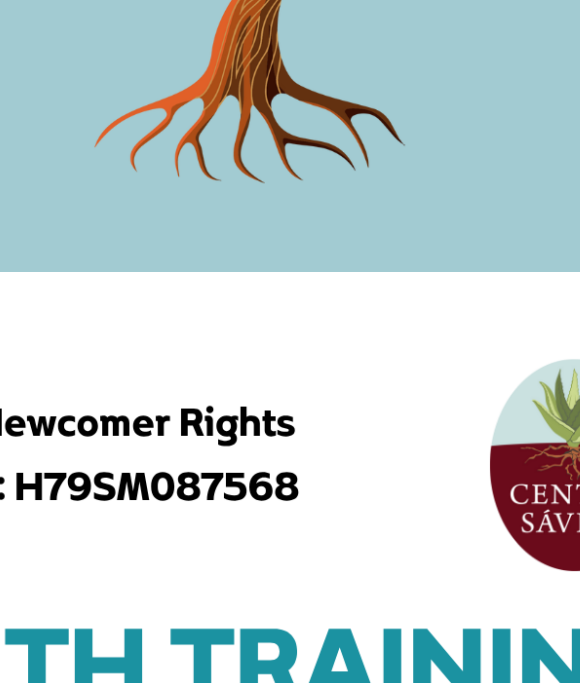
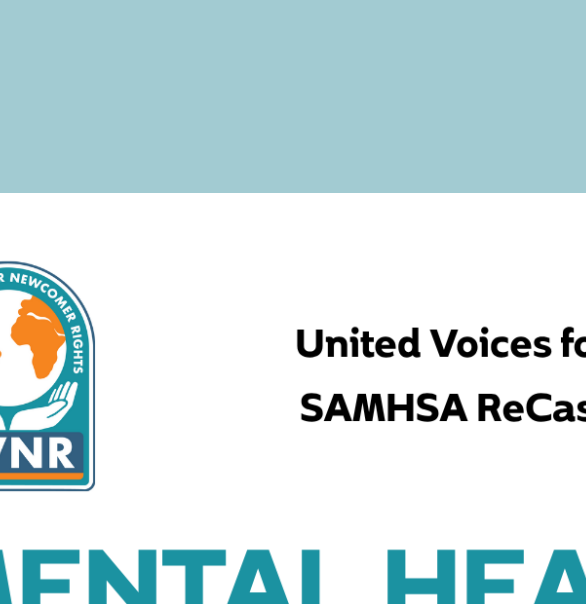
July 2nd, 2025

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UVNR NEWSLETTER

Join Us for a Mental Health Training and REFRAME Coalition Meeting!

We're excited to offer a valuable session focused on supporting our community's well-being. Scroll down to view the flyer and sign up via QR code.



United Voices for Newcomer Rights
SAMHSA ReCast#: H79SM087568

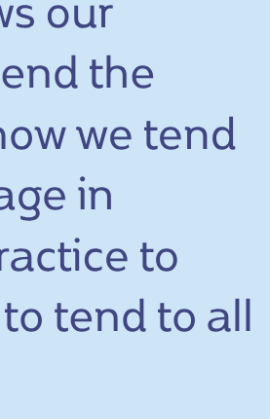


MENTAL HEALTH TRAINING

[REFRAME Coalition Meeting & Mental Health Training]
Welcome to Our Shared Wisdom: We Have Everything We Need for These Times

FRIDAY, 07/18, 1:30 – 4:30 PM

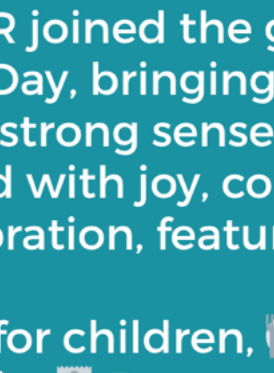
@ International District Library



Dr. Amber Elizabeth Gray

Newcomer (refugees, immigrants, asylum seekers) communities continue to face fear and uncertainty due to shifting policies. This combined interactive training & meeting follows our previous "Welcome to Your Wisdom" training to extend the power and role of self-care and self-regulation to how we tend to each other in these threatening times. We'll engage in practices and discussions, dialogue, inquiry, and practice to collaboratively strengthen our skills and resilience to tend to all we care for professionally.

Please click [here](#) or scan the QR code to register for this event!



Email info@uvnr.org with any questions or for more information!

HONORING RESILIENCE: HIGHLIGHTS FROM WORLD REFUGEE DAY

On June 21st, UVNR joined the global celebration of World Refugee Day, bringing together culture, community, and a strong sense of belonging. The event was filled with joy, connection, and celebration, featuring:

- 🍷 Activities for children, 🍷 Free food
- 🎵 Live music, 📄 Resource vendors,
- 🌐 Interpretation services in 12 languages

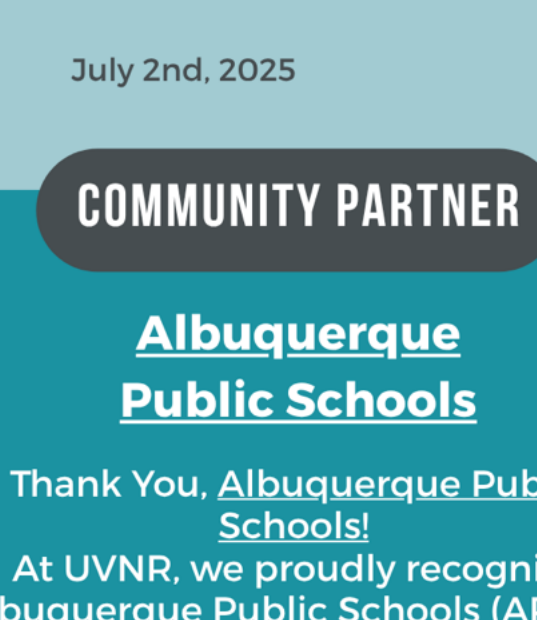
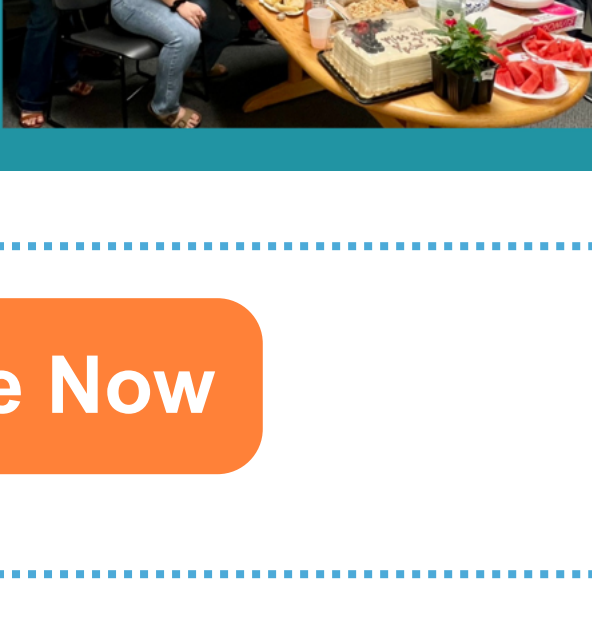
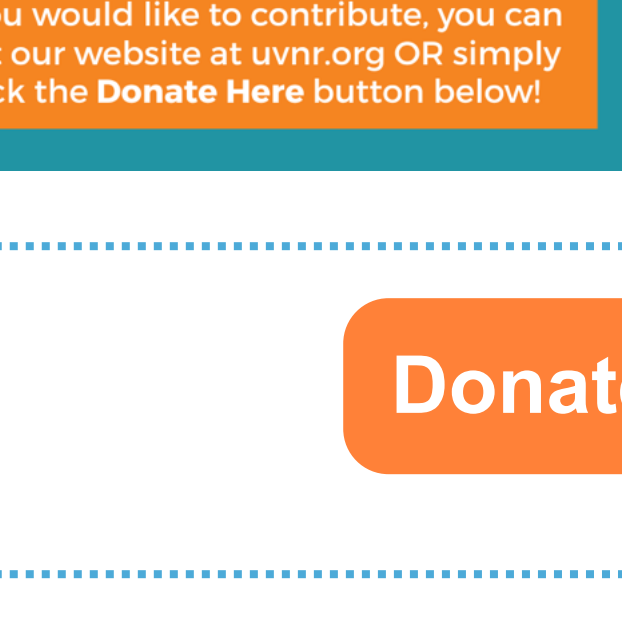
We were honored to table and provide interpretation at this amazing event, standing alongside so many incredible community organizations and supporters.

A big shout-out to all the city, event sponsors and our community for the continued support of newcomers. Your dedication helps build a more welcoming and inclusive future for all!



July 2nd, 2025

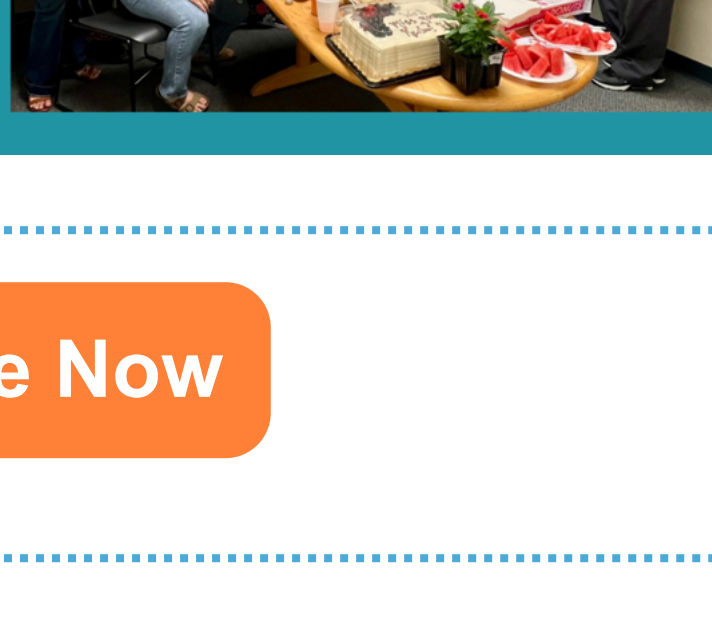
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DONATIONS

We are always looking for love and support from our amazing supporters! Your generosity helps us continue our mission and make a lasting impact.

If you would like to contribute, you can visit our website at uvnr.org OR simply click the [Donate Here](#) button below!



Donate Now

July 2nd, 2025

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COMMUNITY PARTNER

Albuquerque Public Schools

Thank You, Albuquerque Public Schools!

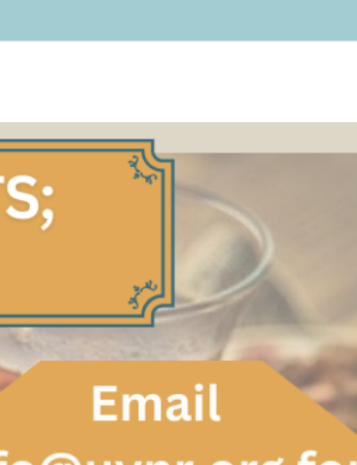
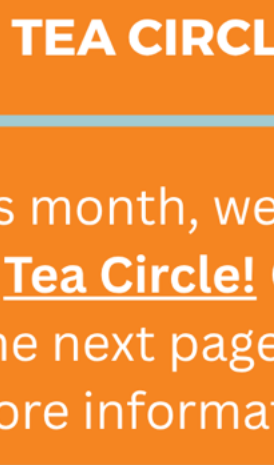
At UVNR, we proudly recognize Albuquerque Public Schools (APS) as a long-time and valued partner in supporting newcomer families in our community.

Through this collaboration, APS provides interpretation for essential meetings and services—such as IEPs, SATs, METs, PTOs, health visits, evaluations, and more—ensuring families have equitable access to education and support.

UVNR is honored to offer interpretation in:
Dari, Farsi, Pashto, Arabic, Swahili, Kinyarwanda, Kirundi, Spanish, and French.

Together, with APS and its Refugee and Newcomer Supports Program (RNSP) — we're building a more inclusive and accessible future for all students.. We encourage you to check out RNSP's website!

💬 Thank you, APS, for your ongoing partnership and commitment!



TEA CIRCLE

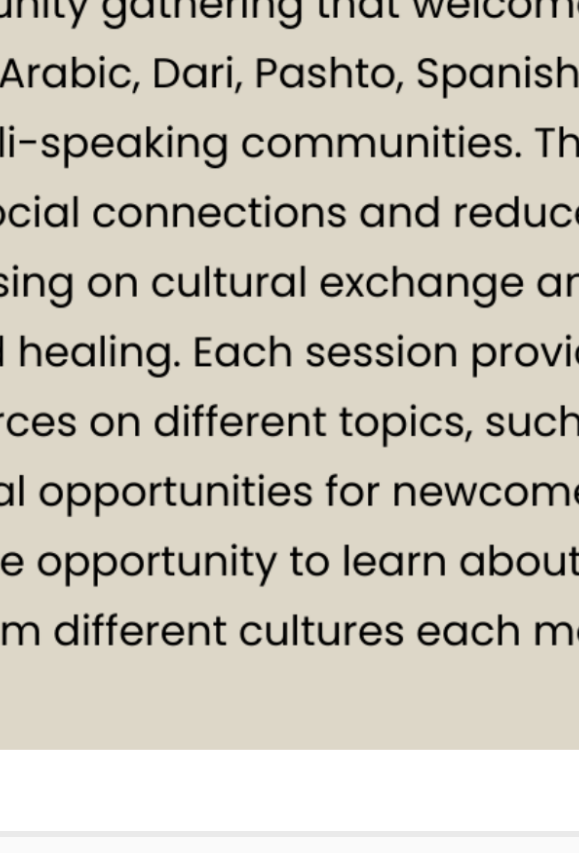
This month, we have our [Tea Circle](#)! Check the next page for more information!

UVNR PRESENTS; TEA CIRCLE!

Every 3rd Saturday of the Month!

Email info@uvnr.org for more details!

Join us on Saturday, July 19th!



Tea Circle is a monthly community gathering that welcomes newcomer participants from Arabic, Dari, Pashto, Spanish, Kinyarwanda/Kirundi, and Swahili-speaking communities. These gatherings aim to enhance social connections and reduce psychological distress by focusing on cultural exchange and building communal support and healing. Each session provides valuable information and resources on different topics, such as housing, taxes, and educational opportunities for newcomer families. Participants also have the opportunity to learn about and enjoy the diverse tea traditions from different cultures each month.

Under the new UVNR office policy, if you would like to visit us at the office, please make an appointment!
Contact us at info@uvnr.org or whoever you are trying to meet with. Thank you!

WOULD YOU LIKE YOUR FLYER SHARED IN OUR NEWSLETTER NEXT MONTH?
email it to info@uvnr.org



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