

**Handle with Care:  
Our Sin  
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“She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins.”

Matthew 1:21 (NIV)

**I. Everyone is Afflicted by Sin**

“There is no difference between Jew and Gentile, for all have sinned and fall short of the glory of God,…” Romans 3:22b-23 (NIV)

“For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing.” Romans 7:18-19 (NIV)

**II. But God has Provided a Way Out!**

“...and all are justified freely by his grace through the redemption that came by Christ Jesus.” Romans 3:24 (NIV)

“What a wretched man I am! Who will rescue me from this body that is subject to death? Thanks be to God, who delivers me through Jesus Christ our Lord!” Romans 7:24-25a (NIV)

“Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.”

Romans 8:1-2 (NIV)

**III. We Don't Have to Give in to Sin!**

“Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us,…” Hebrews 12:1 (NIV)

“No one who lives in him keeps on sinning. No one who continues to sin has either seen him or known him. ... No one who is born of God will continue to sin, because God's seed remains in them; they cannot go on sinning, because they have been born of God.”

1 John 3:6, 9 (NIV)

**Four Stages to Dealing with Our Past and Present Sin:**

**I. Recognition – Acknowledge and confess our sin.**

“If we claim to be without sin, we deceive ourselves and the truth is not in us.” 1 John 1:8 (NIV)

“Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.” Psalm 139:23-24 (NIV)

**II. Regret – Wishing we didn't do what we did.**

**III. Remorse – True sorrow over what we did, said, or thought. Our heartbreak over it.**

“Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.”

2 Corinthians 7:10 (NIV)

**IV. Repentance – Turn from it.**

“Repent, for the kingdom of heaven has come near.”

Matthew 3:2 (NIV)

“From that time on Jesus began to preach, ‘Repent, for the kingdom of heaven has come near.’” Matthew 4:17 (NIV)