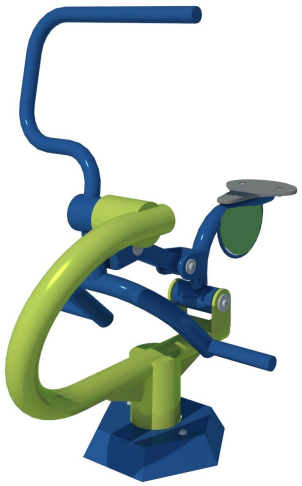
# Children's Outdoor Rider

Seated push-pull trainer



## Functions

- Push-pull motion
- Leg strength
- Arm & chest strength
- Upper-back strength
- Coordination
- Seated exercise

## Technical Data

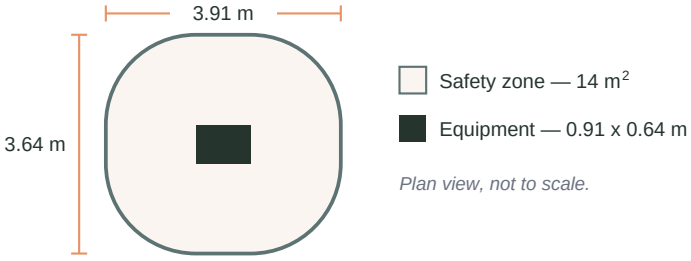
| DIMENSIONS (L x W) | HEIGHT |
|---|---|
| **0.91 x 0.64 m** | **0.94 m** |

| SAFETY ZONE | FREE-FALL HEIGHT |
|---|---|
| **3.91 x 3.64 m** | **Under 1 m** |

Capacity: 1 user  Recommended age: 6–13 years  Min. user height: 140 cm  Max. user weight: 100 kg

**Conforms to: BS EN 16630:2015**

### Safety Zone Plan




*Plan view, not to scale.*


Morti Sport & Play reserves the right to make changes to its products without notice.

# Children's Outdoor Rider

## Materials & Construction

| |
|---|
| **Frame:** Bent steel tube Ø60.3 × 3.6 mm on a Ø114 × 3.6 mm base post; S235 structural steel |
| **Handle:** Ø25 × 2 mm steel tube |
| **Seat:** HDPE |
| **Finish:** Powder coating over a zinc primer for long-term corrosion protection |
| **Moving parts:** Sealed 2RS maintenance-free ball bearings |
| **Fixings:** Acid-resistant bolts with stainless steel washers and dome nuts; tube ends welded closed |
| **Colours:** Lime (NCS S 1070-G50Y) and navy (RAL 5003) as standard; other RAL colours available |
| **Foundations:** Bolted to a concrete footing or precast base set 30 cm below ground level |

**Free-fall height is under 1 m, so BS EN 16630 allows grass or turf as well as impact-absorbing surfacing. We'll recommend the right finish for your site.**

*Images are computer visualisations; the installed product will look similar. Colours may vary from those shown.*

## How to Use

### Rider

Sit on the seat, rest the feet on the footplates and hold the handle with both hands. Pull the handle towards you while straightening the legs, then return to the start.

**Benefits:**

Strengthens the chest, arms, upper back and legs in one flowing movement.

## Inspection & Maintenance

Routine visual check weekly (daily on busy or vandal-prone sites), an operational check every 1–3 months and a main inspection once a year. Replace worn or damaged parts promptly with genuine spares. Morti Sport & Play offers annual inspection and maintenance for school and public sites.

## Why Choose This Product

A seated, whole-body trainer for older children. Pushing with the legs while pulling the handle works the chest, arms, upper back and legs together — a more demanding station that adds strength work to a children's fitness circuit.

- Whole-body strength exercise from a stable seated position
- Natural body-weight movement with no added resistance
- Certified to BS EN 16630 for outdoor fitness equipment
- Designed, supplied and installed by Morti Sport & Play's own teams


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