Children's Seated & Standing Twister

Two-station outdoor gym unit



Functions

- Seated twist
- Standing twist
- Hip & lower-back mobility
- Core strength
- Balance
- Two users at once

Technical Data

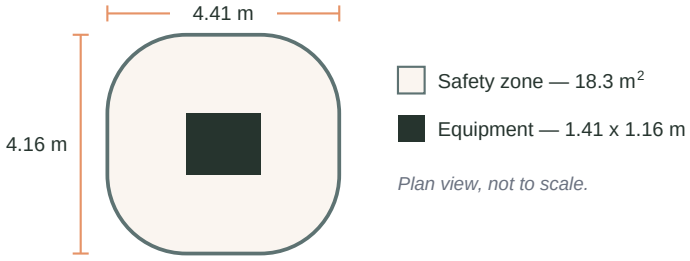
DIMENSIONS (L x W)	HEIGHT
1.41 x 1.16 m	**1.30 m**

SAFETY ZONE	FREE-FALL HEIGHT
4.41 x 4.16 m	**Under 1 m**

Capacity: 2 users Recommended age: 6–13 years Min. user height: 140 cm Max. user weight: 100 kg

Conforms to: BS EN 16630:2015

Safety Zone Plan



Morti Sport & Play reserves the right to make changes to its products without notice.

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Materials & Construction

Frame: Bent steel tube Ø60.3 × 3.6 mm on a Ø114 × 3.6 mm base post; S235 structural steel
Handles & turntables: Ø25 × 2 mm handles; Ø88.9 × 2.6 mm turntable; Ø42.4 × 2.6 mm other parts
Seat & footplate: HDPE
Finish: Powder coating over a zinc primer for long-term corrosion protection
Moving parts: Sealed 2RS maintenance-free ball bearings
Fixings: Acid-resistant bolts with stainless steel washers and dome nuts; tube ends welded closed
Colours: Lime (NCS S 1070-G50Y) and navy (RAL 5003) as standard; other RAL colours available
Foundations: Bolted to a concrete footing or precast base set 30 cm below ground level

Free-fall height is under 1 m, so BS EN 16630 allows grass or turf as well as impact-absorbing surfacing. We'll recommend the right finish for your site.

Images are computer visualisations; the installed product will look similar. Colours may vary from those shown.

How to Use

Standing twister

Stand on the turntable with both feet, hold the bar with both hands and turn the hips slowly from side to side.

Benefits:

Mobilises the hips and lower back, and trains balance and the abdominal muscles.

Seated twister

Sit on the saddle, hold the bar and twist the upper body left and right.

Benefits:

A gentler twisting exercise that builds core control and rhythm.

Inspection & Maintenance

Routine visual check weekly (daily on busy or vandal-prone sites), an operational check every 1–3 months and a main inspection once a year. Replace worn or damaged parts promptly with genuine spares. Morti Sport & Play offers annual inspection and maintenance for school and public sites.

Why Choose This Product

A seated and a standing twister on one base, so two children can exercise at once. The gentle rotating movement mobilises the hips and lower back and builds balance and core strength, and the seated station suits children who prefer extra support.

- Two twisting stations — standing and seated — on one compact base
- Smooth, sealed bearings for quiet, low-maintenance rotation
- Certified to BS EN 16630 for outdoor fitness equipment
- Designed, supplied and installed by Morti Sport & Play's own teams

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